Message of the Month: RESPECT Means: TO TREAT PEOPLE KINDLY



FEBRUARY 2016

Lil' Tigers & Dragons—Tran's Martial Arts

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BRONCO Shirts May Be Worn This Week 3rd-6th! GO BRONCOS!!!	1 KICKS & PUNCHES WEEK	2 BUDDY	³ WEEK - Invite	4 e a friend/sibling to	⁵ join you in class!	6
7	8 SELF DEFENSE & PAD WORK WEEK	9 FITNESS WEEK	10 – WE WILL WOR	11 K ON PUSH UPS	12 , SIT UPS & JUM	13 PING JACKS
14 HAPPY VALENTINE'S	15 BLOCKS & STANCES WEEK	16 PARENTS AS COACHES Parents will be coach- es in class w/ your chil- dren	17	18 Leadership Student Only Lil' Dragons 4:30-5PM NO REGULAR CLASSES	19 PARENTS, please choose a different day this week if you come on Thursday.	20 C DAY
21 MANDATORY TRADITIONAL TOP WEEK: Students must wear traditional dobok tops to all classes.	22 REVIEW WEEK	23	24	25	26 Red Carpet Promotion Night 5:30 PM	27
28	29	MARCH	2	3	4	5