Message of the Month: STRENGTH Means:

TO BE STONG IN THE MIND AND BODY

MAY 2016 Tran's Martial Arts

LIL' TIGERS & DRAGONS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 KICKS & PUNCHES WEEK	Sat., M	MISS IT! Black Belt Spe Iay 7th @ 10am Lucille y Your Tickets \$6/\$8 Do	Erwin	6	Black Belt Special Hadre School 10am -CLOSED-
8	9 BUDDY WEEK SELF DEFENSE & PAD WORK WEEK	Picture Day Sign Up at the Front Desk for Pictures and pick up Order Forms	- Invi	te a friend/sibling to	join you in class!	14
15	BLOCKS & STANCES WEEK	17	18	Leadership Night Lil' Dragons 4:30-5:00 NO REG CLASSES	20	21
22 MANDATORY TRADITIONAL TOP WEEK: Students must wear traditional dobok tops to all classes	SPEED & BALANCE WEEK	24	25	26	RED CARPET PROMOTION NIGHT 5:30PM	MEMORIAL WEEKEND -CLOSED-
29	MEMORIAL DAY -CLOSED-	1 JUNE	2	3	4	5