



JUNE 2016 Tran's Martial Arts

Curriculum Days: A Day– Forms B Day– Combinations C Day– Step Defense D Day– Sparring (Wear Gear) E Day– Self Defense

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">TRAN'S SUMMER BREAK</p> <p style="text-align: center;">TRAN'S WILL BE CLOSED FOR SUMMER BREAK JULY 3RD-9TH. CLASSES WILL RESUME ON JULY 11TH AS AN A DAY!</p> </div>			1 A DAY	2 B DAY	3 Kickboxing Class 5:30PM	4 C DAY
5 CURRICULUM REVIEW WEEK: <i>We will review lower belt curriculum in classes.</i>	6 E DAY	7 Tran's Demonstration @ Centerra 11:30AM (Come join the fun) Popsicle Day A DAY	8 B DAY	9 C DAY	10 Kickboxing Class 5:30PM	11 Sparring Gear D DAY
12 REVIEW STRIPE TESTING WEEK!	13 A DAY	14 B DAY	15 C DAY	16 Classes At The Park Lil' Tiger 5:00-5:30PM All Jun. : 5:30-6:15PM Adults: 6:15-7:00PM TransFit 7:00-7:45PM	17 Kickboxing Class 5:30PM	18 E DAY
19 MANDATORY TRADITIONAL TOP WEEK: <i>Students must wear traditional dobok tops to all classes.</i>	22 B DAY	21 C DAY	22 Popsicle Day Sparring Gear D DAY	23 E DAY	24 RED CARPET PROMOTION NIGHT 5:30PM	25 A DAY
26	27 C DAY	28 Sparring Gear D DAY	29 E DAY	30 A DAY	1 JULY	2 B DAY