

Message of the Month:
COMPASSION
 Means:
TO CARE FOR OTHERS

JUNE 2016 *Tran's Martial Arts*

LIL' TIGERS & DRAGONS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	KICKS & PUNCHES WEEK	TRAN'S SUMMER BREAK TRAN'S WILL BE CLOSED FOR SUMMER BREAK JULY 3RD-9TH. CLASSES WILL RESUME ON JULY 11TH AS AN A DAY! 				
5	6 SELF DEFENSE & PAD WORK WEEK	7 Tran's Demonstration @ Centerra 11:30AM (Come join the fun)  Popsicle	8	9	10	11
12	13 BLOCKS & STANCES WEEK	14	15	16 Classes At The Park Lil' Tiger 5:00-5:30PM All Jun. : 5:30-6:15PM Adults: 6:15-7:00PM TransFit 7:00-7:45PM	17	18
19 MANDATORY TRADITIONAL TOP WEEK: Students must wear traditional dobok tops to all classes	20 SPEED & BALANCE WEEK	21	22  Popsicle Day	23	24 RED CARPET PROMOTION NIGHT 5:30PM	25
26	27 REVIEW WEEK	28	29	30	1 JULY	2