

Message of the Month:

ATTITUDE

Means:

To think & Act Positive

AUGUST 2016 *Tran's Martial Arts*

LIL' TIGERS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Sign Up For Our Tran's Annual Picnic! Hope to you all there!</p>	<p>1 STRANGER AWARENESS WEEK</p>	2	3	<p>4  Fun Shirt Day</p>	5	6
7	<p>8 BLOCKS & STANCES WEEK</p>	9	10	11	12	<p>13  Popsicle Day</p>
14	<p>15 SELF DEFENSE & PAD WORK WEEK</p>	<p>16  Fun Shorts Day</p>	17	<p>18 Leadership Night Lil' Dragons 4:30-5:00 Juniors: 5:00-5:45PM Adults: 5:45-6:30PM TransFit 6:30-7:15PM NO REG CLASSES</p>	19	<p>20 Tran's Potluck Picnic Cannon Park 12:30PM </p>
21	<p>22 KICKS & PUNCHES WEEK</p>	<p>23  Popsicle Day</p>	24	25	<p>26 Red Carpet Promotion Night 5:30 PM No Kickboxing Class</p>	27
28	29	30	31	<p>1 SEPTEMBER</p>	2	3