

# September 2016 Tran's Martial Arts

Curriculum Days: A Day– Forms    B Day– Combinations    C Day– Step Defense    **D Day– Sparring (Wear Gear)**    E Day– Self Defense

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>VIP BUDDY MONTH</b>			1  A DAY	2	3 Black Belt Candidate Practice Fitness Test 9AM  B DAY
4	<b>-CLOSED- LABOR DAY</b>	6  E DAY	7  A DAY	8  B DAY	9	10  C DAY
11 <b>CURRICULUM REVIEW WEEK</b> <i>We will review lower belt curriculum in clas- ses.</i>	E DAY	13  A DAY	14  B DAY	15  C DAY	16	17  <b>Sparring Gear</b> DAY
18 <b>REVIEW STRIPE TESTING WEEK:</b> <i>Students planning to belt promote need to test for their review stripe .</i>	A DAY	20  B DAY	21  C DAY	22 <b>Leadership Night</b> Lil' Dragons 4:30-5:00 Juniors: 5:00-5:45PM Adults: 5:45-6:30PM TransFit 6:30-7:15PM <b>NO REG CLASSES</b>	23	24  E DAY
25 <b>MANDATORY TRADITIONAL TOP WEEK:</b> <i>Students must wear traditional dobok tops to all classes.</i>	B DAY	27  C DAY	28  <b>Sparring Gear</b> DAY	29  E DAY	30  <b>Red Carpet Promotion Night 5:30 PM</b>  No Kickboxing Class	1 <b>OCTOBER</b>  A DAY