

Message of the Month:

COURAGE

Means:

To Be Brave

November 2016 Tran's Martial Arts

LIL' TIGERS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	 PAD WORK WEEK	1 TRAN'S ANNUAL FOOD DRIVE –Help give back to our community until Nov. 19th	2	3	4	5  Black Belt Spectacular Lucille Erwin Middle School 10am -CLOSED-
6	7 BLOCKS & STANCES WEEK	8	9	10 Buddy Day!	11	12
13 MANDATORY TRADITIONAL TOP WEEK: Students must wear traditional dobok tops to all clas	14 GROUND DEFENSE	15	16  3 Day Holiday Gift Sale-20% Off	17	18 Red Carpet Promotion Night 5:30 PM No Kickboxing Class	19 Last Day for Our Tran's Food Drive 
20	21 SELF DEFENSE Last Day for Our Tran's Food Drive	22 Buddy Day!	23	24 Happy Thanksgiving -CLOSED-	25 We will have an after Thanksgiving Kickboxing Class 5:45PM	26 -CLOSED-
27	28 KICKS & PUNCHES WEEK	29	30	1 DECEMBER	2	3