

CLT TKDA NEWS

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August - October 2017

National Tournament and Test

Our National Tournament is set for Friday and Saturday, September 15 - 16 in Winston Salem, NC.

This event is open to ALL RANKS and ALL AGES. No excuses! Go Compete!

Cole Johnson and Sarah Fultz will be testing on Friday afternoon for their next belts. Show up to support them!

Registration forms are on the counter. Sign up today!

Tips for a better tournament experience

1: Sign up early.

The earlier you sign up and commit to this exciting event, the longer you have to seriously train to prepare for it. Don't wait until the last moment!

2: Plan on sticking around and spending time.

The less you stress about getting out of the venue and back on the road to come home, the more you will enjoy the event. Show up early and stick around afterwards to cheer on friends from the school.

3: Take videos and photos

Take lots of pictures and videos to share on your FB page (and share on ours, too - CHARLOTTE TAEKWONDO AMERICA!)

4: Be supportive of your child, regardless of the outcome

Everyone wants to win at the tournament. Explain how proud you are of your child BEFORE the competition and let them know again afterwards.

"I have met most of my current friends through taekwondo tournaments and camps. What I have learned from competing in tournaments cannot be taught in the classroom. There is so much more excitement and anxiety at a tournament. I love competing."

- Sarah Fultz

Competing in the Board Breaking Challenge gives you the opportunity to win 3 medals at this tournament!



BOARD BREAKING CHALLENGE

Colored Belts	Black Belts	
1. Palm Heel (ground) 2. Hammerfist (ground) 3. #1 Side Kick 4. #2 Side Kick 5. #3 Jump Front Kick	1. Palm Heel (ground) 2. Hammerfist (ground) 3. #1 Jump Side Kick 4. Spin Side Kick 5. J360 Front Kick	
GOLD MEDAL 5/5 BREAKS	SILVER MEDAL 4/5 BREAKS	BRONZE MEDAL 3/5 BREAKS

Winston-Salem, NC September 15-16, 2017

Order your National Tournament T-SHIRT before Sept. 1st



We will close SATURDAY - MONDAY, SEPTEMBER 2 - 4 for Labor Day.

OUR SCHEDULE OF CLASSES REMAINS THE SAME DURING THE SCHOOL YEAR. BE SURE TO SET A SCHEDULE THAT INCLUDES AT LEAST 2 TAEKWONDO CLASSES PER WEEK. DOING SO ENSURES THAT YOU WILL RETAIN WHAT YOU HAVE BEEN LEARNING AND THAT YOU WILL HAVE A SUFFICIENT NUMBER OF CLASSES TO ATTEND THE NEXT PROMOTIONAL TESTING.

Don't remember the schedule? Visit our website at www.TKD-NC.com/schedule. Like us on facebook - Charlotte Taekwondo America

This new silkscreened uniform will be the standard for all White - Sr. Red Belt students!

Sleeve and Pants have additional script.

- Uniform - \$50
Jacket only - \$30
Pants only - \$25



Latin phrase: 'If you seek peace, prepare for war'

Korean Hangul - Pyung Hwa - 'Peace'

Segments of the American Flag and the South Korean Flag

REGIONAL TRAINING CAMP 2017 YMCA Camp Hanes

November 3rd -5th



Some transportation will be available. Drivers will be needed! See Mr. Wilson if you are able to provide transportation.

Thank you

Cole Johnson, Timur Rizayev, AJ Troxler, and Rafael Garcia for painting the lobby!



- STUDENTS SHOULD ARRIVE 10 MINUTES EARLY FOR EVERY CLASS AND SHOULD BE PICKED UP WITHIN 15 MINUTES OF CLASS ENDING.
CHILDREN SHOULD BE REMINDED THAT THEY CANNOT WAIT OUTSIDE FOR PARENTS.
FULL UNIFORM OR PANTS & a T/A T-SHIRT MUST BE WORN IN CLASS.
STUDENTS SHOULD STRIVE TO ATTEND A MINIMUM OF 2 CLASSES PER WEEK.