

# CHARLOTTE TAEKWONDO AMERICA

## May - June 2017 Newsletter

www.TKD-NC.com 704-841-8747 email- Sean@TkdNC.com

Taekwondo America Regional Tournament  
Saturday July 15 Registration Deadline July 10

Venue: Alcoa High School 1205 Lodge Street Alcoa, TN 37701

**PREPARE, COMPETE,  
CELEBRATE!**



We have two months to PREPARE for the tournament coming up on July 15th. This is a great opportunity to push yourself and have a great time, too.

Many people think, erroneously, that they need to "be better" at taekwondo before competing in their first tournament. Parents want some type of assurance that their child will do well and will not be disappointed. This is completely the OPPOSITE of what a tournament is all about. THERE ARE NO GUARENTEES. There is only hard work in preparing for the event, doing your absolute best in the competition, and having faith that your hard work will pay dividends. The real benefit of the

tournament is in the preparation that occurs in the weeks leading up to the event. That's now! Get signed up and be ready to work hard. Don't wait - the sooner you sign up, the sooner the student starts working extra hard in class to be the tournament champion!

### Next Promotional Testing is June 10th



All Juniors will begin at 10:00 am

Demo by Mr. Anthony Moore  
@ 11:20

All Adults will begin at 11:30

We will be having our next Promotional Testing on June 10th.

Directions are available at the school.

Full uniforms should be worn, including patches on jackets.

Register and pay for testing by Wednesday, June 7th.

White - Sr. Blue Belts \$50; Brown - Red Belts - \$55; Black Belts - \$100

### SUMMER WORKOUT SERIES STARTS JUNE 14TH - 10 am

All six 75 minute seminars - \$95.00 (All In!)

Choose which you want - \$22 each (a la carte)

1. June 14 Nunchucks
2. June 21 First Aid - M. Cunningham
3. June 28 Tournament Competition
4. July 12 Aerial Kicks / Focus Pads - P. Dang
5. July 19 Bo Staff Training
6. Aug 6 Stranger Danger - CMPD Ofr W. Styka

Registering for the "All In" package includes your choice of a BO STAFF or a FOCUS PAD.

## BUDDY DAYS



Grab a release form from the counter.  
Student and Buddy should attend the  
Friday 5:00 or the Saturday 10:45 class!

### Special Saturday Classes

June 17 - FORMS CLASS

12:15 - 12:45 Orange - Brown Belts

12:45 - 1:15 Red - Black belts

June 24 - Tournament Prep Class - Forms

12:15 - 12:45 White - Blue Belts

12:45—1:15 Brown - Black Belts

July 8 - Tournament Prep Class - Sparring

12:15 - 12:45 ALL JUNIORS

12:45 - 1:15 ALL ADULTS

(Students must be registered for the tournament to attend the Tournament Prep Class.)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
April 30	May 1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	June 1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	July 1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	AUGUST 1	2	3	4	5

Bring a Buddy Days

Black Belt Conference



Last Day to register for Testing

CMS Summer Break Begins

Promotional Testing

No Classes

Regular Schedule



Awards Ceremony - 6:30

FORMS SEMINAR

FIRST AID WITH MR. CUNNINGHAM



Tournament Prep Class

TOURNAMENT FUN CLASS



Regular Classes



Regular Classes resume

Tournament Prep Class

AERIAL KICKS WITH MR. DANG



REGIONAL TOURNAMENT

BO STAFF



STRANGER DANGER W/ Ofr. Will Styka



Invite someone to join you this summer at TKD!

