

2019

THE MOST POWERFUL WOMEN

Most Influential and Pre

Maggie Messina

Maggie Messina is the founder of Swerv4Change and the Female Fighters Matter Too movement, whose mission is dedicated to bringing equality and motivation to young girls and females in all aspects of their lives whether it be sports, school, or work.

Master Messina owns TaeCole Taekwondo, one of the few successful martial arts schools in the country owned and operated by a woman. She is also a multiple time world champion martial artist but has turned most of her attention toward making a difference in her community and the lives of others, especially young people and women.

Master Messina was competing at a national martial arts event when she saw the men's prize money was four times more than the women's, which prompted her journey for equality. Master Messina currently sponsors female divisions at martial arts tournaments throughout the country, including the largest one in New York City, the KTOC Nationals. In addition, Master Messina hosts women's self-defense seminars and conducts speaking engagements to motivate and inspire young girls and women everywhere.

Master Messina is a diamond in the rough, in a male dominated industry she has risen to the top and is not only a world champion in martial arts, but a world champion power woman.

