



Class Schedule

A classes: Fundamentals and Self-defense

B classes: Kata (*forms*)

A/B classes: Kumite (*sparring*), Weapons & Sword, Make up

Effective Date:

1/7/2020

		A	A	B	B	A/B	A/B
	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
45 Min Class	9:30 AM						Karate Make Up Junior & Adult
60 Min Class	10:30 AM						Kobudo (Weapons)
60 Min Class	11:45 AM						Batto-Do (Sword)
60+ Min Class	1:00 PM						Seminars, etc... ONWARD
60 Min Class	5:45 PM		Kobudo (Weapons)		Batto-Do (Sword)		
45 Min Class	6:00 PM	Junior Karate		Junior Karate		Junior Kumite	
60 Min Class	7:00 PM	Int/Adv Adult Karate	Beginner Adult Karate	Int/Adv Adult Karate	Beginner Adult Karate	Adult Kumite	

*One-on-One Training is available upon request.
Schedule private lessons, see front desk for details.*

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