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Word of the Month

GRATEFULNESS

Gratefulness is to be appreciative and show gratitude. It is being thankful for all you have and not taking things for granted. While we should be grateful every day, Thanksgiving is the perfect time to share what you are most thankful for. Show your gratefulness by doing a few tasks from the list below:

- Make a list of the things you are grateful for and share it with your family.
- Thank your parents for all they do for you.
- Help out at home without being asked.
- Share why you are grateful for your martial arts class.
- Tell your friends why you are grateful for their friendship.

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E-Mail or Turn in between November 19-25th

Recieve a "Goody Bag" with treats and fun stuff

Student Name: