



MAT BURN



KAISHI! "LET THE TOURNAMENTS COMMENCE"

BY RP TAYLOR

What's all the excitement about? They're back! Who's back? Not who, but what? Tournaments, judo tournaments are back! YAY! That was the feeling around Eastside Dojo as they prepared to compete in the first tournament in over a year.

The first weekend in April officially marked the commencement of the D/FW judo tournament season with the 30th Annual Lonestar Tournament hosted by the Okuri Judo Club on April 3rd at the Will Rogers Coliseum. *continued on pg.4*

Inside:

Kaishi! • P1 & 4

Lessons from the Master
P2

Insane Training! • P2 & 5

It's Literally Night & Day
• P3

Upcoming Events • P6



If there is effort, there is always accomplishment.

(Jigoro Kano)

INSANE TRAINING!?!

HOW THREE JUDOKAS' MAX CROSS TRAINING EFFORT IS RAISING THE STAKES FOR THEIR COMPETITORS IN THEIR OTHER RESPECTIVE SPORTS

BY RP TAYLOR

"Because judo is one of the best, if not the best, cross training sports around, I have seen massive improvements when I train and compete in armored combat." Brett Skinner

By exerting great effort in his training, Brett has experienced great results in his fighting/competing and found his passion and purpose. Brett began his fighting journey back in the mid 90's when he was a young boy under the instruction of our very own Ken Patteson.

By coupling Brett's passion for Judo and his later developed fascination with sword fighting, he became a National Champion he is today in his other sport of choice, Buhurt.

What is that? Picture this: Medieval Times is to Buhurt as WWE is to wrestling.

Historical Medieval Battles (HMB) or Buhurt (from Old French béhourd: "wallop") or Armored Combat, as it's commonly called is the USA, is a modern full contact fighting sport with steel blunt weapons characteristic for the Middle Ages.

Continued on pg. 5



IT'S LITERALLY NIGHT & DAY

BE IN THE KNOW ABOUT DAYTIME CLASSES
AT EASTSIDE DOJO

DAY CLASSES OFFERED

ADULT CLASSES 9 AM

ADULT CLASSES @ LUNCH

Homeschool Classes (Fall)



“So, they're opposites?” Night and day usually implies that things are polar opposite, but not in this case. Did you know that Eastside offers the same great evening classes during the morning hours? Well, they do and quite a few people have been able to take advantage of these classes.

The feature judoka this issue, Brett Skinner, who won gold at the Lonestar Tournament does most of his judo training at the lunchtime class taught by none other than Russ Hogan. His results at the tournament speak for themselves and let's us know that there is some great work being done during the day.

Not only are there adult program classes offered, but in the fall they will also have...wait for it...HOMESCHOOL CLASSES. Yes, that's correct! Not only could your homeschool student earn Physical Education credit for participating in these classes, you will be reassured that they are learning valuable lifelong skills almost every parent wants their young people to know, like:

- Effective self-defense skills
- Proven bully prevention strategies
- Well-rounded athleticism
- Lifelong friendships

KAISHI!

"LET THE TOURNAMENTS COMMENCE

Continued from pg 1

30TH ANNUAL LONESTAR TOURNAMENT EASTDISE RESULTS

With the coaching of Russ Hogan, Purevjargal Lkhamdegd, and Preston Kirkham, the Eastsiders showed up and showed off their skills at this tournament bringing back plenty of hardware to tell the story. Many thanks to all of those who participated and/or came out to support the Eastside family. You are all greatly appreciated.

Remember, if you didn't medal this time, doesn't mean that you can't or won't next time. As you continue to train to improve, there will be plenty of opportunities for you to display your new and/or improved skills and earn a medal. Keep up the good work.

EASTSIDER RESULTS



ANORA KHAMRAEV
BRETT SKINNER
MADELINE SOLIS



TOM BRAVERMAN
LINDA DERSISOGLU
YSIS DIOGENES
ENGUUN NYAMOCHIR
ADRIAN MORALES
ROMI MORALES
VICTORIA PAES
JORY SMALL
GEO SMITH



MASON DORSEY
DAVID PAES
SAMANTHA SKAGGS

THANK YOU TO THE OTHER PARTICIPANTS: TYLER BLOCKER, KRISHNA DUNN, SEAN EYRE, ANTONIO PAES

*"Walk a single path becoming neither cocky with victory nor broken with defeat."
Kano Jigoro*

Insane Training!?!

Continued from pg. 2

Unlike staged battles, that can be seen at festivals of historical reenactment of the Middle Ages, the competitions in buhurt are full contact sporting events officiated by referees called knight marshals who have special training and combat experience.

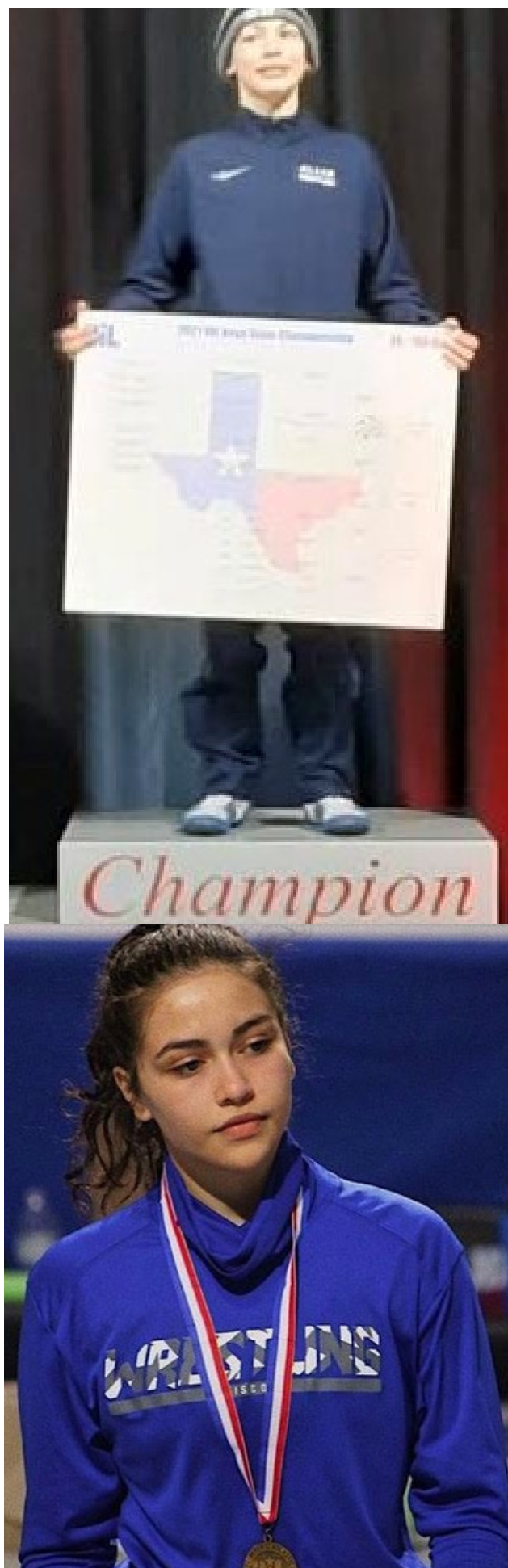
I know, it sounds a little scary and impressive all at the same time, but Brett assures me that it is perfectly safe. Fighters are covered in full modern produced protective armour, made from steel (or other metal alloy if permitted) made to aesthetically be as close to their historical counterparts as possible. Hits and blows may be aimed at any parts of the body.

Brett wanted to (pardon my French) kick more butts and take more names so he decided to incorporate his first love, Judo, into his training. “The last man (or woman) standing” is deemed the victor in armored combat in both the group and one on one battles. So, armored combat is grapple heavy as both wrestling and percussive techniques are permitted. Because of his judo training, Brett has a huge leg up (pun intended) over his competition. The skills that he’s developing and sharpening in judo helps him effectively throw his competitors as well as stay on his feet when they attempt to take him down. His skills were on full display as he competed at the Lonestar Tournament and defeated people that out ranked him allowing him to take home a gold medal.

While cross training with judo has helped Brett become a force to reckon with in armored combat, it has also helped Joseph Liescheski (*pictured at the top*) and Belen Rios (*pictured at the bottom*) achieve top tier status in high school wrestling.

- Joseph, freshman at Allen HS, earned a gold medal in the 106 lb bracket at the UIL 6A State Wrestling Championship.
- Belen, junior at Frisco HS, earned a silver medal in the 128 lb bracket at the UIL 5A State Wrestling Championship.

CONGRATULATIONS ON YOUR GREAT ACCOMPLISHMENTS. KEEP UP THE GREAT EFFORT.



Your support means the world so please come out & show your support at these

LOCAL UPCOMING EVENTS



The 5th Annual
Nagase Cup
Judo Championships



SATURDAY, MAY 29th, 2021
At: NTX Training Center
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June 12 (9am-noon & 1p - 4pm)
June 13 (9am-noon)

WHERE
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Randori rounds during every session

ONLINE REG: WWW.JUDOCOMP.COM

NATIONAL EVENTS



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RENO
20 21
SENIOR NATIONAL & KATA
CHAMPIONSHIPS
RENO, NEVADA

USA JUDO SENIOR NATIONAL
CHAMPIONSHIPS
RENO, NEVADA - MAY 15 - 16, 2021



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