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STUDENT NAME

## Word of the Month



## KINDNESS

We show kindness to each other when we do or say positive things without wanting a reward. In addition to being kind to people, you can be kind to animals, and even to the Earth! We all share one planet – kindness is essential for helping us all get along!

Be kind to animals:
Take your dog for a walk.
Volunteer at a local animal shelter.
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Be kind to the Earth:
• Don't litter.
• Plant a tree.
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Complete the worksheet and turn in at the dojo or email between June 14 - June 23