

Master Khechen's Martial Arts Academy 3117 Genesee St. Cheektowaga, NY 14225 716-322-6474 | www.BuffaloKicks.com

2021 SCHEDULE (EFFECTIVE MAY 24TH- RSVP ONLY)

ATTENDANCE GUIDELINES

Attend at least 1 "A" Day and 1 "B" Day per week
 Arrive a few minutes early (No more than 15 min.)
 Keep your uniform neat, clean and odor free
 You must wear a complete uniform to every class
 Bring all gear and weapons to every class & test
 Classes will be cancelled for special events and testing
 Children must be picked up on time (No more than 15 Min. late)

CHILDREN SCHEDULE (AGE 3-12)													
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SA	SATURDAY	
<u>TIMES</u>	A-D	DAY	A-D	A-DAY		B-DAY		B-DAY/WEAPONS		A-DAY/SPARRING		B-DAY/WEAPONS	
	FRONT	BACK	FRONT	BACK	FRONT		FRONT	BACK	FRONT	Васк	FRON		
	ZOOM/Private Lesson (RSVP ONLY) 4:00PM		All Adults 12:00-1:00pm		ZOOM/Private Lesson (RSVP ONLY) 4:00PM		All Adults 12:00-1:00pm		INSTRUCTOR/STAFF MEETING 4:00-4:15PM		BLACK BELTS 9:30-10:00AM		
4:30 PM	WHITE C & YELLOW		GREEN ST thru BLUE	RED ST & RED	BASIC CHAMPS (Age 3-5		RED ST thru BLACK STRIPE	GREEN ST thru BLUE	BASIC CHAMPS (Age 3-5)	BASIC CHAMPS (Age 3-5)	BASIC CHAMF 10:15 10:45A	PS CHAMPS - 10:15-	
5:30 PM	BASIC CHAMPS (Age 3-5)	BBC CHAMPS (Age 3-5)	BASIC CHAMPS (Age 3-5)	BBC CHAMPS (Age 3-5)		VHITE & ELLOW	BASIC CHAMPS (Age 3-5)	BBC CHAMPS (Age 3-5)	BBC YELLOW ST thru RED	Jr. BLACK ST/ BLACK BELT	Jr. BAS White Yellov 11:00- 11:30A	 Yellow/ Green 11:00- 	
6:30 PM	GREEN ST thru BLACK STRIPE	BLACK BELT	WHITE & YELLOW		GREEN ST thru BLACK STRIPE		WHITE & YELLOW		LEADERSHIP/STRIKE TEAM WORKOUT 6:00-6:30PM (STRIKE +30 min)		Jr. BB Blue, Red S 11:45- 12:15P	Red/BlktStripe-11:45-	
	YOUNG ADULT & ADULT SCHEDULE (AGE 13 & UP)												
	MONDAY		TUESDAY		WEDNES		SDAY THU		JRSDAY		SATURDAY		
TIMES	A-DAY		B-DAY		B-DA		Y B-DAY/		/WEAPONS		B-DAY/WEAPONS		
	FRONT	FRONT BACK		FRONT B		ACK FRONT		FRONT	BACK Fr		ONT FRONT		
7:30PM	ADULT (BBC +15min (MC + 30min)			imin) (BBC		ADULT/ TEEN 7:30-8:00PM (BBC/MC+15)	S.W.A.T TEAM 8:15- 9:00PM	ADULT (BBC Weapon +30min) (MC Weapons +30min)	+30m	apons 7 in) 9 ipons 10	EEN	NEW STUDENT TRIALS 12:30-1:00PM 1:00-1:30PM	
Stay Connected Online Facebook: Master Khechen's Cheektowaga Instagram: @mkcheektowaga YouTube: MK CHEEKTOWAGA Email: parker@masterkhechen.com													