

# UN LOCK YOU

## **A SUPERHERO CRUCIBLE**

the neXt 12 months + Consistent WorX+ Accountability + Uncommon  
Methods = SuperHero Status.

This ain't no gym membership. Get FITAF, be an ASSET not a Liability  
& Fall in LOVE with LIFE.

Do the WORX.  
[www.theworXout.com](http://www.theworXout.com)

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2022-2023--the superhero crucible

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*The WorXout Presents, Your NEXT Level*

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# SUPER HERO

*THIS IS  
WHERE  
YOU  
FIND  
OUT  
YOUR  
TRUE  
INNER  
POWER.*

WHAT ARE YOU  
WAITING FOR?

*ERIN@THEWORXOUT.COM*

(260) 414-5139

*www.THEWORXOUT.com*

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UNLOCK, YOU.  
BECOME  
UNCOMMON.

The SUPERHERO Crucible.

This Ain't No Gym Membership. This the daily WORX. The Place where you go to practice OVERCOMING YOURSELF, so you can get out of your own way & be the GREATEST Asset to YOUR Family & the World.

We have the balls to do what's NOT COMMON to get UNCOMMON results. 12 months + top level coaching + the SWELL method + consistency + crucible = SuperHero Status. You Must DO the WORX to get the RESULTS. Knowing isn't enough, SUPERHEROES Take ACTION.



THE WORXOUT

About ME



HELLO, I AM AN  
UNDERCOVER  
SUPERHERO



AND, A MOTHER OF 4 WHO HAS SPENT 20 YEARS IN THE FITNESS INDUSTRY GETTING CLIENTS UNCOMMON RESULTS.

- × FITNESS IS BROKEN. IT'S NOT A LACK OF EDUCATION OR ACCESS. YOU HAVE TO ADDRESS THE WHOLE PERSON, THE X FACTOR.
- × WE USE UNCOMMON METHODS TO GET UNCOMMON RESULTS.

If you are looking for the magic pill, look in the mirror babe, its you, ALL YOU. *Erin Scheele, Xvenger*

[www.theworXout.com](http://www.theworXout.com)

*Unlock, Your  
X  
Factors*

*THE X  
FACTOR IS  
THE  
UNKNOWN  
IN THE MATH  
PROBLEM.*

*WE FACTOR IN THE X TO UNLOCK  
YOUR NEXT LEVEL*

- 1. THE HUMAN*
- 2. THE BIOLOGY*
- 3. THE ENVIRONMENT*
- 4. THE LIMITS*

*OUR PROGRAM SYSTEMATICALLY  
UNLOCKS EACH X TO CREATE A FIT 4  
LIFE BODY, MIND & LIFE.*

# UNLOCK, YOU SUPERHERO CRUCIBLE 2023

<b>22</b> FALL	<b>THE HUMAN</b>	THE X FACTOR BREAK THROUGH YOUR PHYSICAL BARRIERS
<b>22</b> WINTER	<b>THE BIOLOGY</b>	THE X FACTOR OPTIMIZE YOUR BODY FOR LIFE
<b>23</b> WINTER	<b>THE ENVIRON MENT</b>	THE X FACTOR NO MORE SELF SABATOGE
<b>23</b> SPRING	<b>THE LIMITS</b>	THE X FACTOR UNLOCK WHAT'S BEEN HOLDING YOU BACK
<b>23</b> SUMMER	<b>THE CRUCIBLE</b>	THE X FACTOR FIND YOUR NEXT LEVEL

**THE WORXOUT**

UNLOCK, YOU.



# THIS AIN'T NO GYM MEMBERSHIP

**Top Level Coaching Through ALL  
Aspects of Health & Wellness.**

The GYM is just a piece of the puzzle.  
Creating Life LONG Change requires YOU  
going up against YOU. Challenging your  
LIMITS and Changing not only you, also the  
ENVIRONMENT around you.

THE WORXOUT

**MORE THAN A GYM**

Everything you need to get FITAF, become an ASSET not a Liability & fall in LOVE with LIFE is Included.

You are Coached through each Level with Micro Goals and World Class Coaching. You will challenge your body, mind, environment & limits throughout the year to become the greatest SUPERHERO ever!



[www.theworXout.com](http://www.theworXout.com)

THE WORXOUT

WHAT'S MISSING  
IS YOU.



YOU HAVE EVERYTHING YOU  
NEED ALREADY INSIDE, ALL  
YOU NEED IS THE  
INSTRUCTION MANUAL.

# UNLOCK, YOU

Leverage your drive, to fill that void & unLock, YOU.

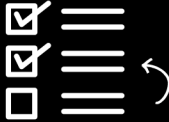
A complete solution for high level achievers who want to get FITAF, be an ASSET not a Liability & LOVE LIFE.



12 month complete solution + the SWELL method to get uncommon results.



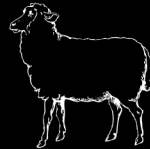
Everything you need to get FITAF, be an ASSET & in Love with Life.

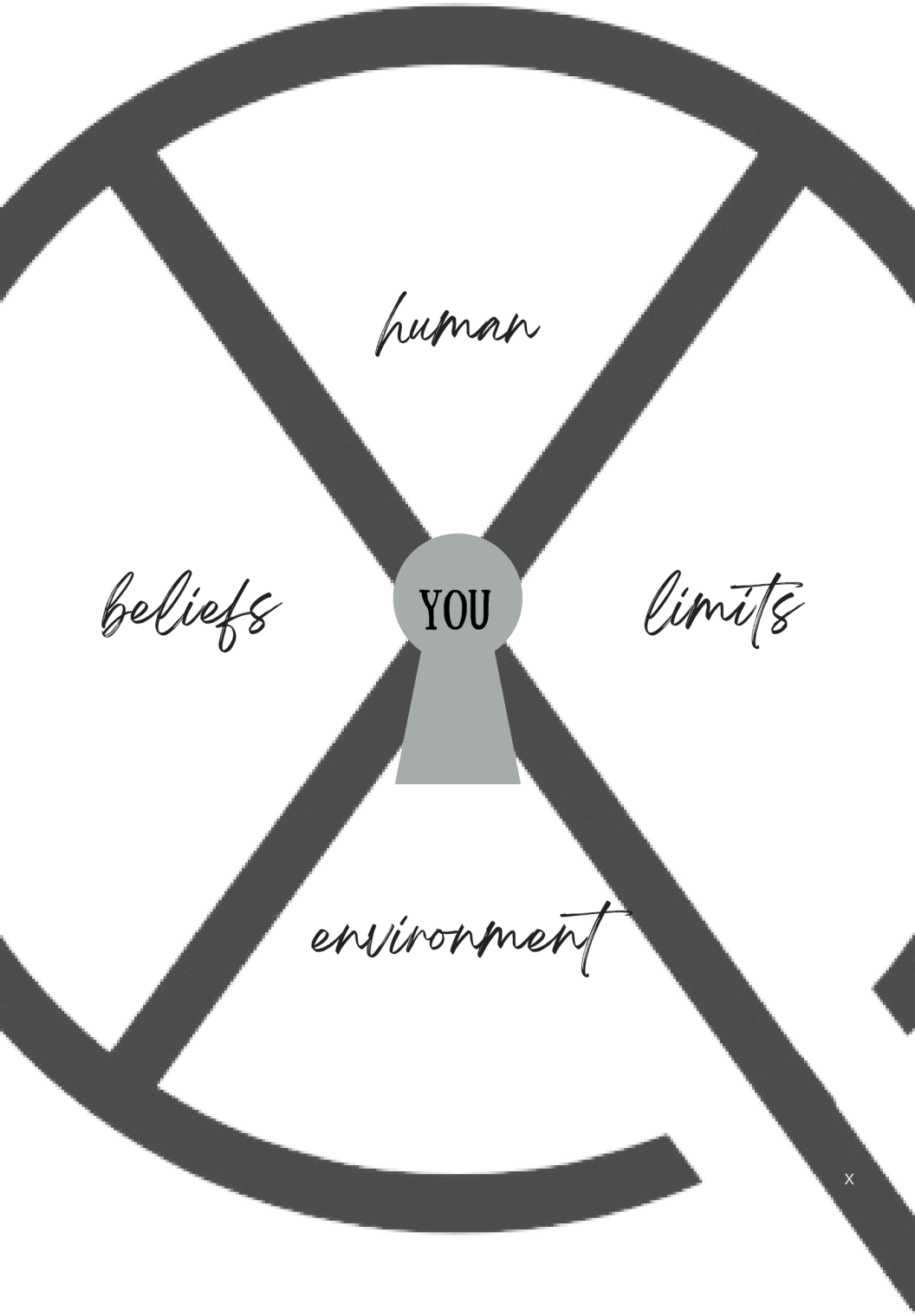


Simple. Follow directions, stay the course & results will follow.



Optimal Life Coaching. Normal is not optimal.





*human*

*beliefs*

**YOU**

*limits*

*environment*



THE WORXOUT

# ARE YOU LOCKED?

## GET UNLOCKED.

- X. IF you've tried everything and nothing works.
- X. Feel STUCK in your life and looking for the answers outside of you.
- X. Want to CONTRIBUTE the best to your family and the world
- X. Long to be in LOVE with LIFE again.
- X. Wondering, Is there MORE?
- X. Ready to do WHAT WORXS, once and for all
- X. Looking for LONG TERM SOLUTIONS>Quick Fixes

BREAK THROUGH BARRIERS  
GET FITAF  
BECOME AN ASSET, NOT A  
LIABILITY

STRETCH YOUR LIMITS  
BE IN LOVE WITH LIFE  
FOREVER

THE NEXT 12 MONTHS  
WILL CHANGE YOUR  
LIFE FOREVER

Contact Us to apply  
@theworXout  
260-414-5139  
www.theworXout.com

x

OPTIMIZE YOUR X.

**N O R M  
A L  
I S N ' T  
O P T I  
M A L**



**THE WORXOUT**

THE X FACTOR

# UnLock, You

## THE CRUCIBLE

GET FITAF, BECOME AN ASSET  
& FALL IN LOVE WITH LIFE

### THE DIFFERENCE IS THE X.

Over the next 12 months we systematically UNLOCK your body, your biology, your environment & your limits to get you FITAF, an ASSET not a liability & In LOVE with LIFE. Each Summer we take a Field Trip and test our limits with a specific CRUCIBLE that reveals the nEXT level of YOU. Become apart of the 3%.

#### ALL INCLUSIVE INCLUDES

- Unlimited Custom Coaching + Protocol \$31,000
- Massage, Fascia, X-stretch, Normatech \$1,200
- Monthly Check Ins \$1,200
- Integration Team Appointments & Labs \$4000
- SWAG & Journals \$2,500

~~39,900~~

ALL INCLUSIVE

\$15,600

UnLock, YOU

- The Protocol
- The SWELL method
- ALL SERVICES & LABS
- Top Level Coaching

ALA CART

\$10,000+

UnLock, YOU

- Top Level Coaching
- The WorXshop
- Add On's Available
- Option for Crucible

260-414-5139  
@theworXout

www.TheWorXout.com  
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