

PMA Program Schedule

Effective: 8/22/2022

Monday

<i>Little Rhinos</i>	4:25 – 4:55
<i>Basic</i>	5:00 – 5:40
<i>Adv. Little Rhinos</i>	5:45 – 6:25
<i>Leadership</i>	6:30 – 7:30
<i>Masters</i>	7:35 – 8:35

Tuesday

<i>Private Class</i>	4:25 – 4:55
<i>Leadership</i>	5:00 – 6:00
<i>Little Rhinos</i>	6:05 – 6:35
<i>Basic</i>	6:40 – 7:20
<i>Teen / Adult</i>	7:25 – 8:25

Wednesday

<i>Little Rhinos</i>	4:25 – 4:55
<i>Basic</i>	5:00 – 5:40
<i>Adv. Little Rhinos</i>	5:45 – 6:25
<i>Leadership</i>	6:30 – 7:30
<i>Masters</i>	7:35 – 8:35

Thursday

<i>Private Class</i>	4:25 – 4:55
<i>Masters</i>	5:00 – 6:00
<i>Little Rhinos</i>	6:05 – 6:35
<i>Basic</i>	6:40 – 7:20
<i>Teen / Adult</i>	7:25 – 8:25

PROGRAMS:

- LITTLE RHINOS:** Ages 3 – 5
- ADV. LITTLE RHINOS:** [Invitation Only](#)
- BASIC OPEN:** Ages 6 -12
- TEEN / ADULT:** Ages 12 +
- LEADERSHIP:** [Invitation Only](#)
- MASTERS:** [Invitation Only](#)
- BLACK BELT:** Black Belts Only

Saturday

<i>Masters</i>	9:30 – 10:30
<i>Leadership</i>	10:35 – 11:35
<i>Little Rhinos</i>	11:40 – 12:10
<i>Basic</i>	12:15 – 12:55
<i>Teen / Adult</i>	1:00 – 2:00
<i>Black Belt</i>	2:05 – 3:05

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