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古いものと一緒に、若いものと一緒に

Furui mono to issho ni, wakai mono to issho ni Out With the Old, In With the Young?

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### 古いものと一緒に、若いもの と一緒に

Furui mono to issho ni, wakai mono to issho ni OUT WITH THE OLD, IN WITH THE YOUNG?

"Wait a minute, wait a minute! Out with the old and in with the young? What do you mean? That's offensive!"

Whoa, pump your brakes, which means to slow down. This statement is only half true, as it relates to judo especially.

The youth are most definitely coming in, but the old(er) are not going anywhere. If any adult has a difficult time agreeing that they are older than teenagers, they may have a problem. That's not anyone reading this newsletter, correct? Good!

In this issue, we are highlighting some of Eastside's veterans and their accomplishments. We will also be shining the spotlight on some youth Eastsiders, who cross train with wrestling, and their accomplishments on the mat.



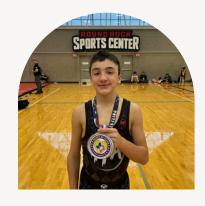


Those are the words that every judoka and wrestler want to hear coming from the referee when they are on top of their opponent. That means they are the winner! Of course they don't want to hear those words if they are on the bottom, because that means they lost. Some of Eastside's youth judoka are putting the extra work into cross training for judo with wrestling. This will help ensure that they will be more victorious on the mat in both sports. Everyone wants to make it to the podium.

### 暗証番号 PNIII







# 8th Grader @ Scoggins Middle School

#### 1st Year Wrestler

Although this was William's first year wrestling, he medaled in most of his tournaments. Next season, he hopes to earn a spot on the Emerson High School wrestling team.





### **Judo Impact**

William feels that judo is a huge part of his success. He's very comfortable throwing his opponents, as well as secure in his ability to pin them.



# Sophomore @ Plano Senior High School

### 1st Year Wrestler

Amnol only wrestled in two tournaments because of an injury, He medaled in both winning 1st place at JV District.

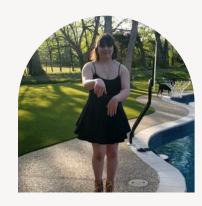




### **Judo Impact**

Amnol relied on his judo training a lot because he didn't have an opportunity to learn as much about wrestling due to his inury.

He plans on using the ground turnovers he learned from wrestling.



# Sophomore @ Lovejoy High School

### 2nd Year Wrestler

Julianna made it to state this season as an alternate. For next season, she has her eyes on the prize of placing at the state tournament.





### **Judo Impact**

The similarities between judo and wrestling have proven to be an advantage for Julianna. Because of judo, her conditioning is up to par, she's comfortable with throwing her opponent, and she's no stranger to pinning someone.



# JUNIOR @ FRISCO LEBANON TRAIL HIGH SCHOOL

### 1st Year Wrestler

Ronin has only been wrestling for a little over 4 months. He won most of his matches, and placed 5th at District. He's not sure if he will continue because it is a big time commitment approaching his senior year.





### **Judo Impact**

Ronin really felt at an advantage against most of his opponents because he was well trained in his throws. Most competitors wouldn't know how to respond, says Ronin.

# 2023 USA JUDO VETERANS TOURNAMENT

**EASTSIDE RESULTS** 

### SILVER

JORDAN BURTON III
PATRICK RUSSELL

## GOLD

JORDAN BURTON III

JOSHUA GIZA

BRUNO GOLETTO

RUSSELL HOGAN

ROMINA TORALES (3)

WILLIAM VAN ZYL

### BRONZE

WADE ALLISON ANDREW WOEPPEL

### 2023 USA JUDO

### VETERANS TOURNAMENT

IN PICTURES













# SMILE!!! YOU'RE ON CAMERA!



















### LOCAL, NATIONAL & INTERNATIONAL EVENTS





#### NTX SPRING SLAM JUDO TOURNAMENT



SATURDAY, MARCH 11th, 2022 NTX Training Center 2655 Premier Drive, Plano, Texas 75075







