



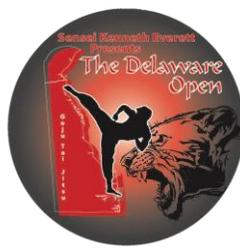
Delaware Open Martial Arts Championship Divisions

Youth Divisions

Forms		Weapons		Sparring Boys/ Girls	
Age	Division	Age	Division	Age	Division
3-4	All Levels	<6	All Levels	<6	All Levels
5-6	All Levels	7-8	Beginner	7-8	Beginner
7-8	Beginner		Intermediate		Intermediate
	Intermediate		Advanced		Advanced
9-10	Advanced	9-10	Beginner	9-10	Beginner
	Beginner		Intermediate		Intermediate
	Intermediate		Advanced		Advanced
11-12	Advanced	11-12	Beginner	11-12	Beginner
	Beginner		Intermediate		Intermediate
	Intermediate		Advanced		Advanced
13-14	Advanced	13-14	Beginner	13-14	Beginner
	Beginner		Intermediate		Intermediate
	Intermediate		Advanced		Advanced
15-17	Advanced	15-17	Beginner	15-17	Beginner
	Beginner		Intermediate		Intermediate
	Intermediate		Advanced		Advanced
Advanced					

Youth Black Belt Divisions

Forms		Weapons		Sparring Boys/Girls	
Age	Division	Age	Division	Age	Division
7-8	Black Belt	7-8	Black Belt	7-8	Black Belt
9-10	Black Belt	9-10	Black Belt	9-10	Black Belt
11-12	Black Belt	11-12	Black Belt	11-12	Black Belt
13-14	Black Belt	13-14	Black Belt	13-14	Black Belt
15-17	Black Belt	15-17	Black Belt	15-17	Black Belt



Adult Under Belt Divisions

Forms Male/Female		Weapons Male/Female		Sparring Male/Female	
Age	Division	Age	Division	Age	Division
18-29	Beginner	18-29	Beginner	18-29	Beginner
	Intermediate		Intermediate		Intermediate
	Advanced		Advanced		Advanced
30-39	Beginner	30-39	Beginner	30-39	Beginner
	Intermediate		Intermediate		Intermediate
	Advanced		Advanced		Advanced
40-49	Beginner	40-49	Beginner	40-49	Beginner
	Intermediate		Intermediate		Intermediate
	Advanced		Advanced		Advanced
50+	Beginner	50+	Beginner	50+	Beginner
	Intermediate		Intermediate		Intermediate
	Advanced		Advanced		Advanced
				18+	Beginner (FEMALE ONLY)

Adult Black Belt Divisions

Forms Male/Female		Weapons Male/Female		Sparring Male/Female	
Age	Division	Age	Division	Age	Division
18-29	Hard Style	18-29	Hard Style	18-29	Light Weight >154
	Soft Style		Soft Style		Light Weight >129
	Creative		Creative		Medium Weight 155-184
30-39	Hard Style	30-39	Hard Style	30-39	Medium Weight 130+
	Soft Style		Soft Style		Heavy Weight 185+
	Creative		Creative		
40-49	Hard Style	40-49	Hard Style	40-49	Light Weight >154
	Soft Style		Soft Style		Light Weight >129
	Creative		Creative		Medium Weight 155-184
50+	Hard Style	50+	Hard Style	50+	Medium Weight 130+
	Soft Style		Soft Style		Heavy Weight 185+
	Creative		Creative		
				40-49	Light Weight >154
					Light Weight >129
					Medium Weight 155-184
					Medium Weight 130+
				50+	Heavy Weight 185+
					Light Weight >154
					Light Weight >129
					Medium Weight 155-184
					Medium Weight 130+



					Heavy Weight 185+
Continuous Sparring					
Age	Gender	Division			
18+	Male	Super Light Weight -135			
18+	Male	Light Weight -152			
18+	Male	Medium Weight -174			
18+	Male	Light Heavy Weight -200			
18+	Male	Heavy Weight +201			
18+	Female	Super Light Weight -120			
18+	Female	Light Weight -136			
18+	Female	Medium Weight -150			
18+	Female	Heavy Weight +151			