



Word of the Month

SELF-CONTROL

Self-control is one of the ways we show responsibility with our actions. It means doing and saying what we know is right, rather than doing things based on impulses. For example, you might be very excited to talk to your friend at school. Self-control means waiting until recess to talk to her instead of interrupting the teacher in the middle of class.

What is a way you show self-control at home?

What is a way you show self-control when you are mad?

What is a way you show self-control with your words?

What is a way you show self-control in martial arts?

Student Name: _____



Complete Worksheet & Turn into the Dojo between May 24 - May 31st

Pick something from the Treasure Chest

