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Word of the Month

KINDNESS

We show kindness to each other when we do or say positive things without wanting a reward. In addition to being kind to people, you can be kind to animals, and even to the Earth! We all share one planet - kindness is essential for helping us all get along!

| Be kind to animals: |
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| • Take your dog for a walk. |
| Volunteer at a local animal shelter. |
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| Be kind to the Earth: |
| • Don't litter. |
| • Plant a tree. |
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Complete form & turnn into the Dojo between June 24 - June 30th

