

SMS Privacy Policy

When providing your personal information through a digital form or physical form, you grant Adam Clark Fitness permission to contact you via email, text, or phone about offers and services.

You understand message and data rates may apply and any such charges are solely your responsibility. You may cancel SMS messages by replying STOP.

You may unsubscribe from emails, by selecting the unsubscribe at the bottom of the email. You may request the deletion of your data from at any time by requesting such in writing.