

Aurora Martial Arts


2022 Summer Programs




541-753-6614

195 SE Crystal Lake Drive, Corvallis

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Week 5 TOPIC Honor	2	3	4	5	6	7
					Brown & Black Belt Testing/Seminars with Mr. Sepulveda	
8  Happy Mother's Day Week 6 TOPIC ~ Effort	9	10	11	12	13	14
			Colored Belt Evaluations		Colored Belt Testing Junior / Adult Test 5:30pm Friday Night No Regular Classes Friday Except Little Dragons	
15 Week 1 TOPIC Respect	16	17	18	19	20	21
					No Adult Class	
22 Week 2 TOPIC Act As If!	23	24	25	26	27	28
					KIDS SAFETY CLINIC WOMEN'S SELF-DEFENSE CLINIC	
29 Week 3 TOPIC Dedication	30	31				
	School Closed!					

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 3 TOPIC Dedication			1	2	3	4
5 Week 4 TOPIC Balance	6	7	8	9	10	11
12 Week 5 TOPIC Enthusiasm	13	14	15	16	17	18
						NERF Battle!
19  Happy Father's Day! Week 6 TOPIC ~ Integrity	20	21	22	23	24	25
			Colored Belt Evaluations		Colored Belt Testing Junior / Adult Test 5:30pm Friday Night No Regular Classes Friday Except Little Dragons	
26 Week 1 TOPIC Focus	27	28	29	30		
	Martial Arts Clinic - Introduction to Kenpo Karate					

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Black and Brown Belt Testing: On Friday, May 6th there will be Junior & Adult Black and Brown belt testing. All testers should arrive early to warm up and prepare.

Junior Test - Friday, May 6th at 5:00pm

Adult Test - Friday, May 6th at 7:30pm

Mr. Sepulveda Seminar: This event will happen during the weekend of May 6th & 7th. The Junior Seminar will be from 9:00am to 10:00am on Saturday May 7th. The Teen / Adult Seminar will be on Saturday, May 7th at 10:30am. Master John Sepulveda holds a 10th Degree Black Belt and has over 50 years experience in American Kenpo. Mr. Sepulveda is Mr. Donadio's instructor and was one of the very few who was a direct student of Senior Grandmaster Edmund K. Parker. Mr. Sepulveda is the President and Founder of the American Kenpo Training System (AKTS). He has been recognized worldwide for his committed efforts in promoting and teaching American Kenpo. This has included receiving many awards, including the California Karate League's "Official of the Year" Award and the Associated Teachers Association of Martial Artists (ATAMA) "Hall of Fame" Award. His knowledge of Kenpo and his ability to share that knowledge are incredible. Don't Miss This Opportunity!

Happy Mother's Day: In honor of Mother's Day, Aurora Martial Arts has put together a fantastic special. All moms who begin training during the month of May will receive 2 Weeks of classes and a uniform for FREE! If you know any Mom's who are looking for a fun workout with the added benefit of learning some self-defense, let them know about this Awesome Deal! You've watched your kid's classes, now it's your turn! Classes offer fitness, self-defense, challenging workouts and FUN! (Expires May 31st)

Kids Safety Clinic: This course is offered through Corvallis Parks & Rec and is about personal safety for Children. Areas covered will be awareness, avoidance, ABC of Safety, and a basic wrist release. Participants will also practice the material that is covered. This Clinic will be held on May 28th, please enroll through Corvallis Parks & Rec.

Memorial Day: We will be Closed for Memorial Day, Monday, May 30th.

Martial Arts Clinic: The Martial Arts Clinic will be held Monday, June 27th through Thursday, June 30th from 9am-10am. This clinic is an introduction to martial arts skills through games and activities. Explore the history of the martial arts and the importance of Respect and Self-Discipline in the practice of American Kenpo. Class is offered through Corvallis Parks & Recreation to children ages 5 to 10. Please contact Parks & Recreation to enroll, or contact an Instructor with questions.

Women's Self Defense Clinic: This course will be held on May 28th, and will focus on personal safety. Areas covered will be awareness, avoidance, safety techniques and basic self-defense. Participants will put into practice; avoidance techniques, strikes, kicks and self-defense movements with an opportunity for hands on practice including pads, partners and a fully-padded instructor. Please enroll through Corvallis Parks & Recreation.

Happy Father's Day: In honor of Father's Day, Aurora Martial Arts has put together a special just for dads. All dads who begin training in June will receive 2 Weeks of classes and a uniform for FREE! If you know any Dad's who are looking for a great workout with the added benefit of learning some self-defense, let them know about this Awesome Deal! You've watched your kid's classes, now it's Dad's turn! Classes offer fitness, self-defense, challenging workouts and FUN! (Expires June 30th)

Nerf Battle Event: Saturday, June 18, 2022 will be holding a Nerf Battle Event. This event will be \$20 at the door or \$15 if you pre-register by Friday, June 17. Everything will be provided for the students that attend. If you have your own Rival Nerf Gun talk to Mr. D or Mr. Donadio about you bringing it. Age groups for the event are: 6 to 9 years old, and 10 to 14 years old.

6 to 9 years old	9:00am-10:15am
10 to 14 years old	10:30am-11:45pm

All dates and events are subject to change based on participation and Government Guidance changes.

Events that are planned for this summer require students to sign up at the front desk.

Please see Mr. D for any questions or concerns.

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JULY

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 1 TOPIC Focus						1 High Gear Mini Seminar	2
3 Week 2 TOPIC Goal Setting	4 School Closed In honor of Independence Day!	5	6	7	8	9 Kama Mini Seminar	10 AURORA PICNIC
10 Week 3 TOPIC Perseverance	11	12	13	14	15	16 School Closed Instructors at Training Camp.	
17 Week 4 TOPIC Flexibility	Karate Camp - White Belt Monday, July 18 th through Thursday, July 21 st					22 Jiu-Jitsu Mini Seminar	23
24 Week 5 TOPIC Black Belt Excellence	25	26	27	28	29 Hunger Games Mini Seminar	30	

AUGUST

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 Week 6 TOPIC Practice	1	2	3	4 Colored Belt Evaluations	5	6 Colored Belt Testing Junior / Adult Test 5:30pm Friday Night No Regular Classes Friday Except Little Dragons	
	Karate Camp - Yellow, Orange, Purple, & Blue Belts Monday, August 1 st through Thursday, July 5 th						
7 Week 1 TOPIC Self-Control	8	9	10	11	12 Dynamic Kicking Mini Seminar	13	
14 Week 2 TOPIC By Example	15	16	17	18	19 Board Breaking Mini Seminar	20	
	Advanced Kenpo Camp - Green, Adv. Green & All Brown Belts Monday, August 15 th through Thursday, August 19 th						
21 Week 3 TOPIC Team Work	22	23	24	25	26	27	
28 Week 4 TOPIC Awareness	29	30					

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No Classes: The school will be closed for Independence Day from Saturday, July 2nd Through Monday, July 4th. We will be back on the mat of regular classes on Tuesday, July 5th. Have a very safe and Happy Fourth of July!

School Picnic: We will be hosting the **24th Annual Aurora Martial Arts Picnic** on July 9th! The Picnic will be held here at Aurora Martial Arts. This is a “potluck” picnic, the hotdogs and drinks will be provided by the Aurora Staff. Sign up at the front desk to let us know how many folks are coming and the type of dish you will be bringing. Join the Donadio’s and the rest of the Aurora Team for an afternoon of good food and great fun (volleyball, dodgeball and other games - bring your squirt gun!) The picnic is open to all students, family and friends. The picnic will start at 11:00am, and end around 3:00pm.

Kenpo Mini Seminars: Let’s have some fun this summer vacation! We will holding 6 mini seminars for Junior Students on Fridays throughout the summer. These seminars will include High Gear, Kama, Jiu-Jitsu, Padded Weapon, Dynamic Kicking, and Board Breaking. These event will be for all junior colored belt students (Yellow & up). All Mini Seminars will go from 4:30pm to 5:30pm. The cost for each Mini Seminars is \$30/seminar or you may purchase the entire seminar series for \$120! AKTS Members will receive a discount of 10% off (ask an instructor for discount codes)

High Gear: July 1 st	Hunger Games: July 29 th
Kama: July 8 th	Dynamic Kicking: August 12 th
BJJ Clinic: July 22 nd	Board Breaking: August 19 th

Karate Day Camps: The main focus of these camps is to develop a higher level of skill in the martial arts and includes games and other activities. We will also talk about the history of the Martial Arts and Kenpo Karate, as well as the importance of focus, self discipline, and respect. This is a great way to jumpstart your training and accelerate your skill development! The **White Belt Camp** is a half day camp offered to new students and white belts, from 9:00am until 12:00pm, Monday through Thursday with an investment of \$100. The **Yellow, Orange, Purple, & Blue Belt Camp** will run from 9:00am until 12:00pm, Monday through Friday with an investment of \$150 (Save \$20 if you pre-register by July 9th). The **Advanced Camp** (green through brown belts) will run from 8:30am to 3:00pm, Monday through Friday with an investment of \$225 (Save \$20 if you pre-register by July 23rd). AKTS Members will receive a discount of \$10 for the Yellow-Blue Belt Camp and the Advanced Belt Camps. (Ask an instructor for discount code) Contact Mr. D with questions or if you need tuition assistance.

White Belt

Yellow, Orange, Purple, & Blue Belts

Green Through Brown

July 18th to July 21st (9:00am - 12:00pm / Monday thru Thursday)

August 1st to August 5 (9:00am - 12:00pm / Monday thru Friday)

August 15th to August 19th (9:00am - 3:00pm / Monday thru Friday)

AKTS Spirit Camp: This is the 26th anniversary of the John Sepulveda Spirit Camp in Washington. This is a three day event with instructors from all over the country. There will be classes, workouts and time to meet Kenpoists from around the nation and maybe the world! Applications will need to be in by Wednesday, June 1st. The cost of the camp includes food, lodging, training and fun. This is a great camp! Ask around or talk to an instructor for additional information. I hope to see you there.

All dates and events are subject to change based on participation and Government Guidance changes.

Events that are planned for this summer require students to sign up at the front desk.

All sign-up sheets will be available at least one month in advance.

Please see Mr. Donadio for any questions or concerns.