



Foot Notes

195 S.E. Crystal Lake Drive, Corvallis
(541) 753-6614

Web Site: www.auroramartialarts.com | LT@auroramartialarts.com

September

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 4 TOPIC Awareness					1	2	3
4 Week 5 TOPIC Compassion	5 School Closed In honor of Labor Day!	6	7	8	9	10	Black Belt Prep Class
11 Week 6 TOPIC Responsibility	12-15 Evaluation Week (Colored Belts) Red Tip & Black Tip				16	Belt Testing Junior & Adult Test - Friday Night at 5:30pm No Regular Classes Except Little Dragons	17 Mini Camp! September 17 th
18 Week 1 TOPIC C.A.N.I	19	20	21	22	23	24	
25 Week 2 TOPIC Consistency	26	27	28	29	30		

October

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 2 TOPIC Consistency							1
2 Week 3 TOPIC Student Creed	3	4	5	6	7	8	
9 Week 4 TOPIC Intensity	10	11	12	13	14	15	
16 Week 5 TOPIC Courage	17	18	19	20	21	22	Women's Self-Defense Clinic (8am-10:45am) Children's Safety Clinic (11am- Noon)
23 Week 6 TOPIC Indomitable Spirit	24	25-27 Evaluation Week (Colored Belts) Red Tip & Black Tip			28	Belt Testing Junior / Adult Test 5:30pm Friday Night No Regular Classes Friday Except Little Dragons	29 Halloween Open House (4pm-6:30pm)



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Labor Day: Our school will be closed Saturday, September 3rd - Monday, September 5th in honor of Labor Day.

Advanced Testing: In September we began the advanced testing schedule. This starts with an evaluation of those students who are eligible for Brown and Black Belt Promotion and will culminate with the Advanced Belt Tests the weekend of November 12th. The following schedule includes items and actions that must be completed in order to test:

Test Application Due	September 10 th (Black Candidates) & September 9 th (All Brown Candidates)
Technique Evaluation	September 24 ^h
Red Tip Testing	Begins October 22 nd
Testing & Seminar	November 11 th & 12 th (Attendance at the Seminars is required for those testing.)

We are aware that advanced testing impacts our training schedule and the time and training requirements of our students, however, this can not be avoided. Promotion to the Brown and Black Belt ranks is a significant achievement and honor. This requires that the Instructors insure all candidates are qualified, capable and prepared for testing. Please contact Mr. D with any questions or concerns.

Mini Camp: On Saturday, September 17th there will be a Mini Camp. This Camp will include 5 sessions for the Adults and 3 sessions for the Juniors ~ The Camp Instructors will be Mr. Zaninovich (9th Degree), Mr. D (8th Degree), and Mr. Coppock (7th Degree). All Sessions will be held at Aurora Martial Arts. The Youth sessions will run approximately 60 minutes, and the Teen & Adult sessions will run approximately 90 minutes. Registration forms are available on the document desk or you can register online: https://sparkpages.io/?i=_yML
Late Registration ends September 15th.



Mini Camp QR Code:

Women's Self Defense Clinic: Saturday, October 22nd we will be holding a women's self defense clinic here at Aurora. This course is about personal safety covering awareness, avoidance, safety techniques, and basic self-defense. If you are interested in this clinic please sign up through Corvallis Parks & Rec.

Children's Safety Clinic: Saturday, October 22nd we will be holding a children's safety clinic here at Aurora. This course includes awareness, conflict avoidance skills, and age appropriate self defense. If you are interested in this clinic sign up through Corvallis Parks & Rec.

Halloween Open House: On Saturday, October 29th we will host our 3rd Halloween Open House! This open house is open to students, family, and friends! There will be a silent auction, costume contest, bake sale, trunk or treat, classes, and booths for fun and games. If you have any ideas or would like to volunteer for the trunk or treat contact Mrs. Jamie.

Up Coming Events

Holiday Retail Sale: Holiday Sale Week Monday, November 7th - Friday, November 11th, Aurora will have our annual holiday sale. All Pro Shop items purchased will receive 15% off. This applies to items in stock and special orders.

School Pictures: It is almost time for student pictures. A Professional Photographer will be here in November! Look for details soon.

Seminars with Senior Master of the Arts, Mr. John Sepulveda: Over the weekend of November 11th & 12th, Mr. Sepulveda will be here for Brown and Black Belt Testing. He will also be teaching Seminars for all students. Senior Master John Sepulveda currently holds a 10th Degree Black Belt and has over 55 years of training and teaching experience in American Kenpo. Mr. Sepulveda is Mr. Donadio's instructor and was one of the very few who was a direct student of Senior Grandmaster Edmund K. Parker. Mr. Sepulveda is the President and Founder of the Advanced Kenpo Training System (AKTS). He has been recognized worldwide for his committed efforts in promoting and teaching American Kenpo. His knowledge of Kenpo and his ability to share that knowledge is incredible. See you there!



PRINCIPLES OF BLACK BELT

- ☉ HONOR - INTEGRITY - RESPECT - COMPASSION
- ☉ SELF CONTROL - DEDICATION - COURAGE - INDOMITABLE SPIRIT

