



**Lead By Example,
Follow By Choice!**

Foot Notes

195 SE Crystal Lake Drive, Corvallis
(541) 753-6614

Web Site: www.auroramartialarts.com | footnotes@auroramartialarts.com

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 1 TOPIC Self-Discipline	<p>Holiday Sale 10% Off Pro Shop Purchases. Nov. 8th-12th During regular classes.</p>					
6 Week 2 TOPIC Honor	7	8	9	10	11 <i>Brown & Black Belt Testing Seminars with Mr. Sepulveda</i>	12
13 Week 3 TOPIC Effort	<p>Picture Days Monday & Tuesday - Regular Schedule in effect</p>		16	17	18	19
20	<p>Happy Thanksgiving School Closed: Monday, Nov. 21st - Saturday, Nov. 26th</p>					26
27 Week 4 TOPIC Respect	28	29	30			

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 4 TOPIC Respect				1	2	3
4 Week 5 TOPIC Act As If	5	6	7	8	9	10 <i>Parents Night Out!! 5pm - 8pm</i>
11 Week 6 TOPIC Family	<p>Evaluation Week (Colored Belts) Red Tip & Black Tip</p>			15	16 Belt Testing Junior & Adult Test - Friday Night at 5:30pm No Regular Classes Except Little Dragons	17
18	<p>Merry Christmas & Happy New Year!!! School Closed - Monday, December 19th - Sunday, January 1st</p>					24
25	<p>Merry Christmas & Happy New Year!!! School Closed - Monday, December 19th - Sunday, January 1st</p>					31



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Holiday Sale: October 31st through November 3rd, you will be able to purchase equipment and order from our catalogs at a savings of 10%. Payment is due on the day of the sale and items will be received within 3 weeks. We will also be offering used equipment for purchase during this time. There will be a limited number of used items available. This sales event will occur during regular class times. **This is the last week we can guaranteed you get items before Christmas.**

Advanced Testing: In October we began the advanced testing schedule. This started with an evaluation of those students who are eligible for Brown and Black Belt Promotion and will culminate with the Advanced Belt Tests Friday, November 11th & Saturday, November 12th. The following schedule includes items and actions that must be completed in order to test:

Red tip testing begins October 21st
Testing & Seminar November 11th & 12th (Attendance at the Seminars is required for those testing.)

We are aware that advanced testing impacts our training schedule and the time and training requirements of our students, however, this can not be avoided. Promotion to the Brown and Black Belt ranks is a significant achievement and honor. This requires that the Instructors insure all candidates are qualified, capable and prepared for testing. Please contact Mr. D with any questions or concerns.

Mr. Sepulveda Seminar: This event will happen during the weekend of November 11th & 12th. Specific times will follow, however mark your calendars for this fantastic opportunity. Senior Master John Sepulveda holds a 10th Degree Black Belt and has over 55 years experience in American Kenpo. Mr. Sepulveda is Mr. Donadio's instructor and was one of the very few who was a direct student of Senior Grandmaster Edmund K. Parker. Mr. Sepulveda is the President and Founder of the Advanced Kenpo Training System (AKTS). He has been recognized worldwide for his committed efforts in promoting and teaching Kenpo. His knowledge of Kenpo and his ability to share that knowledge is incredible. See you there!

Seminar Dates/Times
Junior Seminar ~ November 12 @ 9:00am
Adult Seminar ~ November 12
Session 1 ~ 10:30am - Noon
Session 2 ~ 12:30pm - 2:00pm

Picture Days: Aurora Martial Arts will have a photographer here on November 14th & 15th. Please sign up to have your picture taken, there is no obligation to purchase pictures and all those who have their picture taken will be on the 2022 Student Display Board.

Parents Night Out:

Do you need a place where your kids can go while you go Christmas shopping? We are having a Parents Night Out on Saturday, December 9th from 5pm to 8pm. The "Night Out" will include Movies, Games, Karate Drills, Crafts, and Pizza. This event is for Students, Siblings, and Friends! Sign up on the Member App, or give us a call.

Parents Night Out Cost

1st Child ... Full \$20
2nd Child ... Full \$15
3rd Child ... Full \$10

School Closures:

Thanksgiving Week: Monday, November 21st – Saturday, November 26th for Thanksgiving. Enjoy your Holiday!
Merry Christmas: The school will be closed Monday, December 19th ~ Sunday, January 1st to celebrate the Christmas Holiday.



**Senior Grand Master
Edmund K. Parker
Founder of American Kenpo**

March 19, 1931 - December 15, 1990

American Kenpo Karate

(Kenpo = Law of the Fist; Karate = Empty Hand)

A Martial Art based on logic and practicality,
utilizing a rapid succession of strikes in a logical sequential order,
gaining the maximum effect with minimum effort.