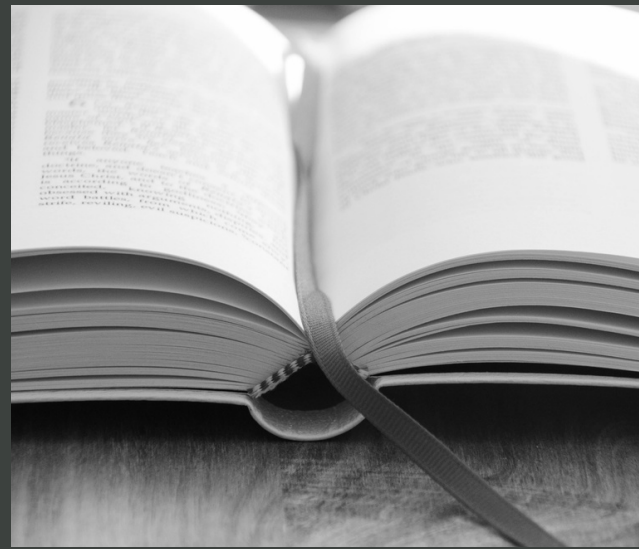




**REALITY  
RETREAT**



**YOU  
ARE  
THE  
MAGIC**



**UNLOCK MORE** ✕ **GET OUT OF YOUR OWN WAY** ✕ **CLARITY**

**WORXSHOP** →  
**YOU**

reality retreat  
workshop you

# more.



take a break from the real  
world. silence the noise so  
you can see that you are the  
magic you seek.

unlock you.



reality retreat  
worxshop you



# more.

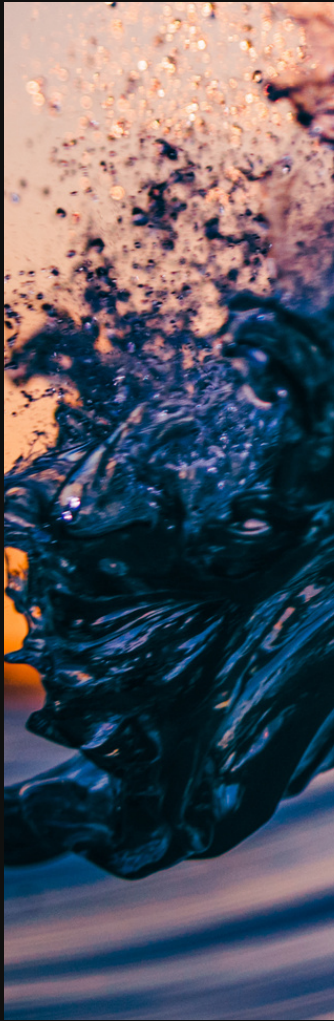
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unlock you.



reality retreat  
worxshop you

# more.



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reality retreat  
workshop you

take a break from the real world.  
silence the noise so you can see  
that you are magic you seek.

# more.

unlock you.



WORXSHOP YOU

**LOOK IN THE  
MIRROR BABE,  
YOU ARE  
THE  
MAGIC  
YOU SEEK**



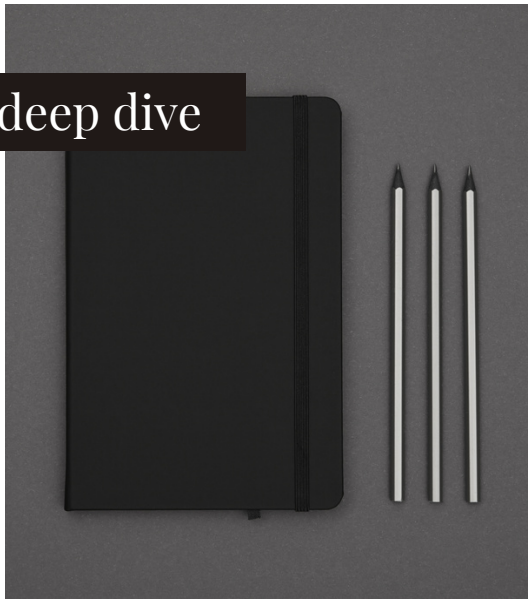
## **ESCAPE THE MATRIX TO FIND YOU.**

that magic pill, magic fix, the ONE THING that will change your life, already exists inside. it's just locked.

locked in a world of chaos, busyness, status, obligations, ego, beliefs, limits & noise.

REALITY RETREAT

## deep dive



get out of your own way. deep dive into you. find your authentic self. notice where you are giving your power away.

## silence



sacred silence from the regurgitation of the outside world's limits, beliefs & expectations so you can SEE what is your TRUTH.

## clarity



root into trust & knowing. the clarity you've been searching for is inside , you just have to clear the chaos and clutter.

## creation



once you are clear on who you are & what you want you can create the life you've always dreamed of living.



# DEEP DIVE



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## FIND THE REAL AUTHENTIC YOU.

the seduction of safety is always more dangerous than the illusion of of uncertainty.

## KNOW



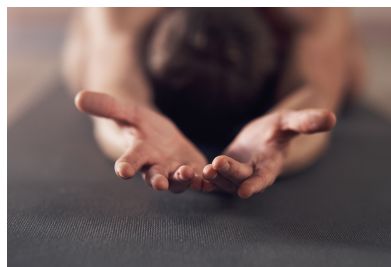
Live in the KNOWing that everything is going to be ok and call back the power you've been giving away.

## TRUST



practice trusting in your own evidence of infinite worth.

## LET GO



when you trust and know you can let go. the stronger your roots the more you are able to bend and not break.

# GET OUT OF YOUR OWN WAY

# THE X LIFE | ON PURPOSE

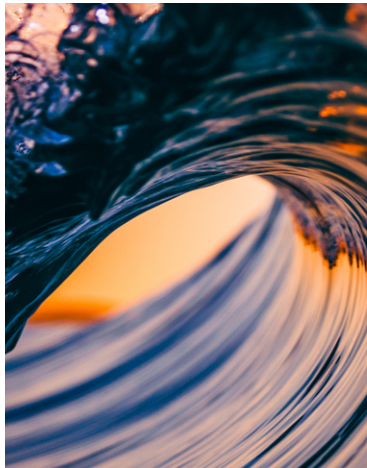
**YOU CAN'T  
CHANGE YOUR  
LIFE WITHOUT  
CHANGING YOU**



## **physiology first**

living in a state of emotional, physical & mental exhaustion locks you into your current reality unable to move forward

**CALM & BALANCE**



## **SWELL**

the simple way to leverage your drive to fill that void & unlock you.

SIT+WORX+EAT+LIVE+LOVE

**the SECRET**



## **on purpose**

live on PURPOSE. The Best way to predict your future is to CREATE it. KNOWing isn't enough. learn how to WORX the PLAN to get MORE out of LIFE

**take action**

REALITY RETREAT

# WORXSHOP YOU



## BREATH WORX

---

CALM THE  
NERVOUS SYSTEM.  
GET OUT OF FLIGHT  
OR FIGHT

## X LIFE COACHING

---

TAKE THE GUESS  
WORX OUT OF  
HEALTH AND  
FITNESS

## XOGA

---

PRACTICE  
ULTIMATE ON THE  
MAT. SIT WITH THE  
TRUTH.

## THE ROMAN BATH RITUALS

---

THE RITUALS OF  
INFINITE WELLNESS.

## BODYW ORX

---

AYURVEDIC  
PRACTICES THAT  
UNLOCK YOUR  
BODY

## JERF X JUICE

---

NUTRITION THAT  
SUPPORTS THE LIFE  
YOU WANT

## DEEP DIVES

---

TAKE A LOOK IN THE  
MIRROR AND DEEP  
DIVE INTO YOU.

## ROOT TO RISE

---

UNLOCK INFINITE  
BECOME UNCOMMON

## THE X LIFE

---

LIVE A LIFE ON  
PURPOSE AND  
UNLOCK MORE

ESCAPE THE MATRIX

WORXSHOP YOU

# THE MAGIC HAPPENS INSIDE...

—  
YOU.



**ESC  
APE**

**the matrix.**

in 2 days you will unlock a lifetime of infinite possibilities.

**MO  
RE**

**life  
health  
wealth  
love  
time  
energy  
happiness**

everything you've ever wanted exists inside of you already. all you have to do is get out of your own way & silence the noise.

**BE  
X.**

**life on purpose.** the X represents infinite possibilities. Learn the SIMPLEST solution to LIVE a LIFE ON PURPOSE.

WORXSHOP YOU.



# UNLOCK YOU

Let's Get SWELL.  
Contact the X life coach  
for more information.

**THE X LIFE COACH**

MONTHLY WORXSHOP YOU  
reality retreats  
2 days.  
all inclusive.  
\$1000.

CUSTOM LUXE Retreats available.  
Single. Corporate. Small Group.  
Starting at \$10,000



260-414-5139



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THE X LIFE | ON PURPOSE

# WORXSHOP YOU



REALITY RETREAT