

## BRIO TAEKWONDO WRITTEN TEST

10. Green with Blue stripe Belt testing for ½ Green ½ Blue Belt

Test Fee \$65

Name: \_\_\_\_\_

1. Which one is your favorite drill in Taekwondo? Why?

2. Connect the Korean words with their translation in English:

1. Kuki      2. Du-bok      3. Dojang

a) TKD school      b) Uniform      c) Flags

3. What does Brio mean?

4. What has been the most difficult part to learn in Taekwondo?

5. How did you overcome this difficulty?

# BRIO TAEKWONDO

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Present Rank: \_\_\_\_\_ Applied Rank: \_\_\_\_\_

Date of Test: \_\_\_\_\_ Belt Size: \_\_\_\_\_

	A+	A	B	C	D	Comments
<b>Stances and Movements</b>						
<b>Endurance / Conditioning</b>						
<b>Kicking Technique</b>						
<b>Foot Work</b>						
<b>Blocking and Punches Drills</b>						
<b>Motion Blocks</b>						
<b>Forms (Poomse)</b>						
<b>Respect / Focus</b>						
<b>Flexibility</b>						
<b>Sparring Technique</b>						
<b>Board Breaking</b>						