## BRIO TAEKWONDO WRITTEN TEST

## 11. ½ Green ½ Blue Belt testing for Blue with Green Stripe Belt <u>Test Fee \$65</u>

Name:									
1. What is the name of your form in Korean?									
2. Connect the K	orean words wit	th their translation in	English:						
1. Char-riot	2. Joom -be	3. Chum- chum -saogi							
a) Riding Hose	stance t	b) Ready position	c) Atention						
3. How many sta	nces are in Sam	-jang?							

4. How many kicks do you know? Name them

## **BRIO TAEKWONDO**

Name:	Date of Birth:		Age:
Present Rank:	_ Applied Rank: _		
Date of Test:		Belt Size:	

	A+	Α	В	С	D	Comments
Stances and Movements						
Endurance / Conditioning						
Kicking Technique						
Foot Work						
Blocking and Punches Drills						
Motion Blocks						
Forms (Poomse)						
Respect / Focus						
Flexibility						
Sparring Technique						
Board Breaking						