

BRIO TAEKWONDO WRITTEN TEST

14. Blue with Red Stripe Belt testing for ½ Blue ½ Red Belt

Test Fee \$70

Name: _____

1. What is the name of your form in Korean? What does it mean?

2. How many different stances are in your form?

3. How many Kicks are in your form? Which kicks?

4. What is the difference on the elbow strikes of your form?

5. What does “Brio” mean? What does it mean to you?

BRIO TAEKWONDO

Name: _____ Date of Birth: _____ Age: _____

Present Rank: _____ Applied Rank: _____

Date of Test: _____ Belt Size: _____

	A+	A	B	C	D	Comments
Stances and Movements						
Endurance / Conditioning						
Kicking Technique						
Foot Work						
Blocking and Punches Drills						
Motion Blocks						
Forms (Poomse)						
Respect / Focus						
Flexibility						
Sparring Technique						
Board Breaking						