

BRIO TAEKWONDO WRITTEN TEST

16. Red with Blue stripe belt Testing for Red Belt

Test Fee \$75

Name: _____

1. What is the name of your form in Korean? What does it mean?
2. Which leg returns to “Barrow” when you complete Yook-jang form?
3. What has been the most difficult part to learn in Taekwondo?
4. How did you overcome this difficulty?
5. What does “Brio” mean? And what does it mean to you and Taekwondo?

BRIO TAEKWONDO

Name: _____ Date of Birth: _____ Age: _____

Present Rank: _____ Applied Rank: _____

Date of Test: _____ Belt Size: _____

	A+	A	B	C	D	Comments
Stances and Movements						
Endurance / Conditioning						
Kicking Technique						
Foot Work						
Blocking and Punches Drills						
Motion Blocks						
Forms (Poomse)						
Respect / Focus						
Flexibility						
Sparring Technique						
Board Breaking						