## BRIO TAEKWONDO WRITTEN TEST

## 17. Red belt Testing for Red with Black stripe Belt

## Test Fee \$80

Name: \_\_\_\_\_

1. What is the name of your form in Korean? What does it mean?

2. How many Joom-bi's do you know?

3. What has been the most difficult part to learn in Taekwondo?

4. How did you overcome this difficulty?

5. What does "Brio" mean? And what does it mean to you and in Taekwondo?

## **BRIO TAEKWONDO**

Name:	Date of Birth:	Age:	
Present Rank:	Applied Rank:		
Date of Test:	Belt Size	2:	

	A+	А	В	С	D	Comments
Stances and Movements						
Endurance / Conditioning						
Kicking Technique						
Foot Work						
Blocking and Punches Drills						
Motion Blocks						
Forms (Poomse)						
Respect / Focus						
Flexibility						
Sparring Technique						
Board Breaking						