



Master Khechen's MARTIAL ARTS ACADEMY

NIAGARA FALLS LOCATION CLASS SCHEDULE | Effective: September 5, 2023

740 E Market St. • Niagara Falls, New York 14301 • (716) 215-6232 • www.buffalokicks.com

NIAGARA FALLS CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JUNIORS – A Red Stripe to Black Belt 4:15 - 5:00 pm	JUNIORS – A Green Stripe to Blue Belt 4:15 - 5:00 pm	CHAMPIONS - A 4:15 - 4:45 pm (+15min for BBC)	JUNIORS – B Jr. BBC 4:15 - 5:00 pm	RESERVED FOR PRIVATE LESSONS (3:00 – 4:30 pm)	ADULTS All Adults 9:00 - 9:45 am
JUNIORS - A White to Yellow Belt 5:15 - 6:00 pm	CHAMPIONS - A 5:15 - 5:45 pm (+15min for BBC)	JUNIORS - B Jr. BBC 2/MC 5:15 – 6:00 pm	CHAMPIONS - B 5:15 - 5:45 pm (+15min for BBC)		CHAMPIONS 10:00 - 10:30 am (+15min for BBC)
JUNIORS - A Green Stripe to Blue Belt 6:15 - 7:00 pm	JUNIORS – A White to Yellow Belt 6:15 - 7:00 pm	JUNIORS – B Jr. BBC 6:15 - 7:00 pm	JUNIORS – B Jr. Basic 6:15 - 7:00 pm	JUNIOR LEADERSHIP 4:30 – 5:30 pm	JUNIORS White to Green Belt 11:00 - 11:45 am
ADULTS - A All Adults 7:00 - 7:45 pm	JUNIORS - A Red Stripe to Black Belt 7:15 - 8:00 pm	ADULTS - B All Adults 7:00 – 7:45 pm	JUNIORS – B Jr. BBC 2/MC 7:15 - 8:00 pm	RESERVED FOR SPECIAL EVENTS	JUNIORS Blue Stripe and Up 12:00 - 12:45 pm
ADULTS Adult Leadership 7:45 - 8:15 pm	ADULTS – B Adult BBC/MC 8:00 - 8:45 pm	RESERVED (7:45 – 8:30pm)	ADULTS – A All Adults 8:00 - 8:45 pm		RESERVED FOR BIRTHDAY PARTIES!! 1:30 - 3:00 pm



HAVE YOUR BIRTHDAY PARTY HERE!!


Just bring your camera, sit back and enjoy... We do all the work!

Each 90 minute party includes an exciting martial arts lesson with lots of fun games and drills! Pizza and drinks, gift certificates for all kids, and a special gift for the birthday child!

Stop by the Front Desk for more details!!

Students should attend at least,
1 'A' class and 1 'B' class each week.
'A' Class: Belt Testing Requirements
'B' Class: Club Materials/Skills & Drills

STAY CONNECTED ONLINE!!

 Facebook.com/mkniagarafalls

Our Student Creed

I will develop myself in a positive manner and avoid anything that will reduce my mental growth or my physical health.

I will develop self-discipline in order to bring out the best in myself and others.

I will use what I learn in class constructively and defensively, to help myself and my fellow person, and never to be abusive or offensive.

We are a Black Belt School!

We are dedicated! We are motivated!

We are on a quest to be our best! Asah! Asah! Asah!

Tae Kwon Do Tenets

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Courtesy

Integrity

Self Control

Perseverance

Indomitable Spirit