HAMBURG / BLASDELL LOCATION CLASS SCHEDULE Effective: April 2023

4154 McKinley Parkway • Blasdell, New York 14219 • (716) 648-3668 • www.buffalokicks.com

CHAMPIONS & JUNIOR CLASS SCHEDULE								
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
PRIVATE LESSONS 3:30 – 4:00 pm	All Juniors 11am -11:40am July and August Only	PRIVATE LESSONS 3:30 – 4:00 pm	All Juniors 11am – 11:40am July and August Only	PRIVATE LESSONS 3:30 – 4:00 PM	See Adults Below For Saturday Morning			
CHAMPIONS - A 4:30 - 4:55 pm *Extra 15 min for BBC	JUNIORS - A Green Stripe to Red Stripe 4:30 - 5:10 pm	JUNIORS - B Junior Basic/BBC White Belt to Yellow Belt 4:30 - 5:10 pm	JUNIORS - A BBC/MC Green Stripe & Up 4:30 - 5:10 pm	CHAMPIONS - B 4:30 - 4:55pm *Extra 15 min for BBC	CHAMPIONS - A 10:00 - 10:25 am *Extra 15 min for BBC			
JUNIORS - A White Belt to Yellow Belt 5:30 - 6:10 pm	JUNIORS - A Red Belt to Black Belt 5:30 - 6:10 pm	CHAMPIONS - B 5:30 - 5:55 pm *Extra 15 min for BBC	CHAMPIONS - B 5:30 - 5:55 pm *Extra 15 min for BBC	JUNIORS-A/B BBC/MC Green Stripe & Up 5:30 - 6:10 pm	JUNIORS - A BBC/MC Green Stripe & Up 11:00 – 11:40 am			
JUNIORS - A Green Stripe - Red Stripe 6:30 - 7:10 pm	JUNIORS – A White Belt to Yellow Belt 6:30 - 7:10 pm	JUNIORS - B BBC/MC Green Stripe & Up 6:30 - 7:10 pm	JUNIORS - B Junior Basic/BBC White Belt to Yellow Belt 6:30 - 7:10 pm	LEADERSHIP/DEMO TEAM 6:30 – 7:15 Seniors Team 7:15-8:15pm	JUNIORS – A Junior Basic/BBC White Belt to Yellow Belt 12:00 – 12:40 pm			

ADULT CLASS SCHEDULE								
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
All Staff Morning Meeting	ADULTS All Belts Workout 12:00 – 12:45pm	Managers Meeting Staff Planning	ADULTS All Belts Workout 12:00 – 12:45pm	All Staff Morning Meeting Staff Training	ADULTS All Ranks 9:00 – 9:40 am			
ADULTS - A All Ranks 7:30-8:15pm BBC and MC til 8:30pm	ADULTS - A All Ranks 7:30-8:15pm BBC and MC til 8:30pm	ADVANCED ADULTS BBC and MC Only 7:30-8:30pm	ADULTS All Ranks 7:30-8:15pm BBC and MC til 8:30pm	FRIDAY EVENINGS RESERVED FOR SPECIAL EVENTS	AFTER 1 pm RESERVED FOR BIRTHDAY PARTIES SPECIAL EVENTS PRIVATE LESSONS			



HAVE YOUR BIRTHDAY PARTY HERE!!

Just bring your camera, sit back and enjoy... We do all the work! Each 90-minute party includes an exciting martial arts lesson with lots of fun games and drills! Pizza and drinks, gift certificates for all kids, and a special gift for the birthday child!

Stop by the Front Desk for more details!!

Students should attend at least, 1'A' class and 1'B' class each week.

'A' Class: Belt Testing Requirements 'B' Class: Club Materials/Skills & Drills

STAY CONNECTED ONLINE!!



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