

## Training Schedule

Aurora Martial Arts, Inc. - (541) 753-6614 195 SE Crystal Lake Drive, Corvallis OR 97333

Hours of Operation & Schedule Effective July 1, 2022

## In Academy Training Schedule

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Class	Monday "A" Day	Tuesday "A" Day	Wednesday "B" Day	Thursday "B" Day	Friday "Skill" Day	Saturday
Academy Hours	2:00p - 9:00p	2:00p - 9:00p	2:00p - 9:00p	2:00p - 9:00p	3:30p - 8:00p	
Junior Classes						
			Private Lessons	Private Lessons	Private Lessons	
Lil' Dragons		3:00p - 3:30p			4:00p - 4:30p	
Junior White	5:55p - 6:35p	4:15p - 4:55p	5:55p - 6:35p	4:15p - 4:55p		
Junior Beginner Yellow - Orange	5:10p - 5:55p	3:30p - 4:15p	5:10p - 5:55p	3:30p - 4:15p	Junior Y-O-P-B-G	
Junior Intermediate Purple - Blue - Green	3:30p - 4:20p	4:55p - 5:45p	3:30p - 4:20p	4:55p - 5:45p	4:35p - 5:25p	
Junior Advanced Adv. Green through 1st Brown	4:20p - 5:10p	5:45p- 6:35p	4:20p - 5:10p	5:45p- 6:35p	4:35p - 5:25p	
Teen & Adult Classes						
Teen/Adult Beginner White - Yellow - Orange - Purple	11:30a - 12:30p 6:45p - 7:45p	6:40p - 7:30p	6:45p - 7:45p	11:30a - 12:30p 6:40p - 7:30p		
Teen/ Adult Advanced Blue through Black	11:30a - 12:30p 6:45p - 7:45p	7:35p - 8:30p	6:45p - 7:45p	11:30a - 12:30p 7:35p - 8:30p	Teen / Adult Yellow & Up 5:40p - 6:40p	Black Belt Class
Black Belt				Jr Black Belts 6:40p - 7:30p		Ciuss
Jiu-Jitsu	8:00р - 9:00р		8:00p - 9:00p		6:30p - 7:30p	

## Virtual Training & Private Lessons

All Students / All Ranks

Private / Semi-Private Lessons—By Appointment

## Students are expected to:

- Attend One "A" Day & One "B" Day Each Week "A" Day Mondays & Tuesday / "B" Day Wednesday & Thursday
- 2. Arrive 10 minutes prior to scheduled class.
- 3. Keep uniform neat, clean and odor-free
- 4. Remove all jewelry prior to training.
- 5. Pull attendance card & quietly prepare for class.
- 6. If late, wait quietly until motioned on the mat by the instructor.
- 7. Please refrain from sparring or wrestling without permission.
- 8. Street shoes are not allowed on the training floor.
- 9. Develop and maintain a positive, well disciplined attitude.
- 10. Practice and exercise at home for better results.
- 11. Discard all food, drinks, gum and trash prior to training.
- 12. Help keep the school clean and in good condition.
- Before leaving the school, ensure you have all of your clothing and equipment.
- 14. Report all injuries to the instructor immediately.

Always display good manners, respect and courtesy. Everyone should remember no loud noises or horse playing during classes.