

VALLEY RANCH TAEKWONDO

CLASS SCHEDULE

MONDAY

4:15pm Blue, Brown, & Red Belts Ages 10 & Younger
5:00pm Orange Belts Ages 10 & Younger
5:30pm Basics
6:00pm Dragon Group B
6:30pm Green & Purple Belts Ages 10 & Younger
7:15pm All Black Belts
8:00pm Teens & Adults

TUESDAY

4:15pm Dragon Group A
4:45pm Green & Purple Belts Ages 10 & Younger
5:30pm Advanced Dragons & Basics
6:00pm Orange Belts Ages 10 & Younger
6:30pm White & Yellow Belts Ages 10 & Younger
7:00pm Family Class
7:00pm Teens & Adults
7:45pm All Black Belts

WEDNESDAY

4:30pm Advanced Dragons
5:00pm Basics
5:30pm White & Yellow Belts Ages 10 & Younger
6:00pm Dragon Group B
6:30pm Blue, Brown, & Red Belts Ages 10 & Younger
7:15pm Green & Purple Belts Ages 10 & Younger
8:00pm All Black Belts
8:00pm Teens & Adults

THURSDAY

4:15pm Dragon Group A
4:45pm Green & Purple Belts Ages 10 & Younger
5:30pm Advanced Dragons & Basics
6:00pm White & Yellow Belts Ages 10 & Younger
6:30pm Orange Belts Ages 10 & Younger
7:00pm Family Class
7:00pm Teens & Adults
7:45pm Blue, Brown, & Red Belts Ages 10 & Younger

FRIDAY

4:30pm Orange Belts Ages 10 & Younger
5:00pm White & Yellow Belts Ages 10 & Younger
5:30pm Blue, Brown & Red Belts Ages 10 & Younger
5:30pm All Black Belts

GOALS

-Attend 2 classes/week

-Log attendance in the app every class

NOTES

-Juniors Classes are up to age 10

-Teen & Adult classes are White through Senior Red belts ages 11+

-Family classes are open to White through Senior Red belts but MUST be attended by 2+ members of the same family

-Effective 10/18/2023