

PORT CREDIT ACADEMY OF MARTIAL ARTS

CLASS TIMES: As of November 2023

Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3-5 year old White Belts		4:30-5:00PM OR 5:15-5:45				9:15-9:45AM OR 10:00-10:30 AM	
3-5 year old Jr. Yellow-Jr. Orange		6:00-6:45 PM				10:45-11:15 AM	
6-9 year old White to Yellow			4:30-5:15 PM OR 5:30-6:15 PM		5:00-5:45 PM	11:30AM-12:15PM OR 12:30-1:15 PM	
6-9 year old Yellow-Green			6:30-7:15 PM			1:30-2:15 PM	
10-12 year olds	5:00-5:45PM			5:00-5:45PM (White to Jr. Orange) 6:00-6:45PM (Orange-Brown)	5:00-5:45 PM (White to Jr. Orange)		12:00 - 12:45 PM
JBBC Orange To Green Belts			Weapons 7:30-8:15 PM 1 st Wed /month = Orange & Up Nunchaku		6:00-6:45PM		
JBBC Green to Brown Belts			2 nd Wed =Jr. Blue & Up Bo Staff 3 rd Wed = Jr. Brown+ Tonfa, Sai 4 th = Senior Open		7:00-7:45PM	11:30AM- 12:15PM	
Kardio Kicks	7:15-8:00 PM					9:30-10:30 AM	
Tai Chi	6:15-7:00 PM		12:15-1:00 PM			8:15-9:00 AM	
Adult & Teen White-Orange Belt	7:15-8:00 PM		8:00-8:45 PM				
Adult & Teen Open Classes (All Belt Levels)		12:00-1:00 PM		12:00-1:00 PM	8:00-9:00 PM		11:00-11:45 AM
Adult & Teen Pre-Green to Black Belts	8:15-9:00 PM						
Black Belt Club		8:00-9:00 PM	Weapons 7:30-8:15 PM 1 st Wed Nunchaku	7:00-7:45 PM			
Masters Club		7:00-7:45 PM	2 nd Wed = Jr.Blue+ Bo Staff 3 rd Wed = Jr. Brown+ Tonfa, Sai 4 th = Jr.Blue+ Open 5 th = Black Belts	8:00-9:00 PM			

Call us if you have any questions! **905-278-7234**

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