



# WELCOME TO USK SUMMER CAMP 2024!

Family owned and operated, serving the Carolinas since 1995

*Thank you choosing USK to be your Summer Camp provider. Please review this packet carefully as we have made changes. Review the rules and regulations with your child prior to starting camp. Registration is processed on a first- come basis and the application must be completed in its entirety to be successfully submitted. We are looking forward to a fun filled summer.*

**DROP OFF / PICK UP:** We offer a full day camp. 7:30 am-8:30am drop off and 4:00-5:30pm pick up. Please be prompt with these times. Make drop off/pick up arrangements in advance. This provides us enough time to properly prepare for evening operations. Your child will be dismissed only when you/authorized person arrives. Parents will wait outside at the door and your child will be escorted out. Fort Mill children will be shuttled to our Headquarter Ballantyne location and shuttle back for pick up.

**ABSENT/EARLY PICK UP:** Notify the staff in advance if there is a change in your schedule so we may plan accordingly as your child may be scheduled for a field trip. This includes but not limited to: doctor appointment, not feeling well, going out of town etc. Your weekly fee does not change for your absence.

**PAYMENT:** See pricing on Application form. Weekly payment is due in the form of check or card *prior* to the week of service, no later than Monday Morning at drop off. We have limited availability therefore; it is a strict NO REFUND/NO ROLL OVER policy on any payments made. 3% convenience fee will incur with any card transaction.

Checks payable to: USK MA | Returned Check Policy: \$25 fee | We DO NOT accept Amex | \$10 late payment fee. While most field trips are included in your weekly fee, some premium field trips may have an additional cost. Sibling discount begin with 3<sup>rd</sup> child at \$10 off weekly rate. 3-5 consecutive days is considered "full week".

## CAMP ATTIRE

USK 2024 camp shirts are required **daily** for safety and identification. Shirts must be clean to reduce spreading of germs and we recommend wearing comfortable and appropriate clothing. Children will be active throughout the day so dangling/excessive jewelry should not be worn during summer camp. Always have a pair of clean socks and sneakers for camp. Flip flops/water shoes are best for water days.

**PERSONAL HYGIENE:** Proper healthy hygiene must be practiced and maintained including but not limited to the trimming of one's fingernails and toenails. Be mindful of body odor that can be bothersome to others. Teach your child the importance of proper hand washing after using the bathroom, proper way to sneeze/cough, not touch your face etc.

**HEALTH and WELLNESS SCREENING:** If you don't feel well, stay home and contact USK. The staff will check for any visible symptoms.

## SICK/ILLNESS POLICY:

Parents will be contacted for pick up if your child is sick or not feeling well. Help us minimize the risk of spreading it to other children and staff. Any injuries or any child feeling sick should be reported to the staff immediately. If you are unsure if your child should or should not attend camp, make the call prior to coming to USK.

**SPF:** Apply at home prior to arrival. Supply your child with a stick/spray so they can apply on their own as needed. Advise the staff if your child is fair skinned and if you require your child to wear a swim shirt.

**FIELD TRIPS/SCHEDULE:** We have carefully chosen a variety of daily field trips therefore; we will **NOT** go to Carowinds this year. Please see the remainder of this packet for more details. Please advise: If weather or other factors out of our control affects a field trip, we will have alternative activities scheduled. If outside temperatures are too hot, we will stay indoors. The daily schedule is tentative and may be modified to fit around field trip times. All students must go on field trips; no child will be left behind at the school as all the counselors travel for field trips.

## ELECTRONIC DEVICES AND PERSONAL BELONGINGS:

Electronic devices are not required at our camp. Children will not have access to USK WIFI. Devices can only be used with permission and at appropriate time. All games/ movies etc. must be age appropriate and pre-approved. All personal belongings including but not limited to shoes, toys, games, swimming gear/clothes must be sent and in a book bag or plastic container with a lid. USK Martial Arts/staff are not responsible for any lost, stolen or damaged personal items. Write your child's name on **ALL** their personal belongings.

**BEHAVIOR/ DISCIPLINARY ACTION:**

Our school is a No Bully Zone. Any form of bullying will not be tolerated. No teasing, poking fun or rude joking. No abusive language, negativity, hostility, or horseplay will be tolerated. Keep your hands and feet to yourself always. Respect personal space. Each offense will be resolved case by case and parents will be notified verbally or via email. Temporary or permanent suspension from camp will be issued for any child with continuous inappropriate behavior/for not abiding by the rules and regulations of summer camp and USK Martial Arts. Dependent on the degree of the offense the disciplinary action/reflection time will consist of: Verbal warnings, temporary separation from the group, discussion with the master, fitness exercise such as running laps or burpees, phone call/letter home, loss of privilege and or removed privilege of field trip/activity. A student may be sent home for disciplinary issues or if their actions may cause harm to another student.

**MARTIAL ARTS/FITNESS:**

Classes will consist of: Martial Arts, exercise, fitness, endurance, running, weapons and obstacle courses. Class times dependent on the schedule and will range between 30-60 minutes and can be spread throughout the day.

**NUTRITION/LUNCH:**

**We are a nut free school.** Bring a refillable water bottle each day. Unlike daycare facilities, we do not provide meals. Please pack your child a daily healthy lunch along with snacks to stay energized throughout the day. We have a microwave and refrigerator to widen your variety of lunch options for your child.

**OPTIONAL EXTRA SPENDING CASH:**

We will let you know if/when this is necessary. This is not required but, you may provide your child with spending money for trips. Please keep it to a \$20 maximum. Money must be in a zip lock with your child's name on it. Staff will hang on to it for your child. Receipts will be provided when available from the venue.

**SUPPLY LIST:** Please bring in the following supplies. We greatly appreciate it.

**3 Paper Towel Rolls | 2 Hand Sanitizers | 1 Band-aid box | 1 box of fruit snacks | 1 box of juice boxes | 1 box 3oz drinking cups |**

**WHAT A DAY AT CAMP LOOKS LIKE:**

Time	Task	Details
7:30-8:30	Drop Off Time / Free Play/ No Electronics	Student Check-In Procedure
8:30	Fort Mill shuttles to Ballantyne	
8:45-9:10	Group Walk/Jog	
9:15-9:30	Sanitize Hands/ Morning Snack Time	Bring a healthy snack
9:30-10:30	Line up, Meditate, stretch, Martial Arts Class: MON/TUES: TSD   THUR/FRI: Kids KM	Focused on Balance, Agility, Accuracy, Discipline and building strength
10:30-12:15	Field Trip	See Field Trip Schedule*
12:15-12:50	Return From Field Trip/ Sanitize Hands Lunch Time	Bring your lunch daily
12:50-1:10	Reading/ sign reading log	Bring your own book
1:10-1:30	Korean Basic Language	
1:30-2:20	Weekly theme activity/ games	
2:20-2:30	Journal	
2:30-3:30	Group Games on the mat	
3:30-3:45	Fort Mill shuttles back to Fort Mill	Pick up Time from 4-5:30pm
3:45-4:15	Sanitize Hands/ Afternoon Snack Time	Bring a healthy snack
4:15-4:45	Free Play on the Mat/ Earned Electronic Time	
4:45-5:30	Pack up, Clean up, Pick up Time	Student Check-out

Park and Water days...apply SPF in the AM at home. We will re-apply.

Tuesdays/Wednesdays...you can bring extra \$ cash but it's not required. We will hang on to it for the kids in Ziplock bags. Receipt provided when able. Do not exceed \$20. We cannot carry large bills

**FIELD TRIP SCHEDULE (+ symbol means it's a premium field trip)**

<b>WEEK #</b>	<b>MONDAY: PARK</b>	<b>TUESDAY: FIELD TRIP</b>	<b>WEDNESDAY: MOVIE</b>	<b>THURSDAY: INDOOR</b>	<b>FRIDAY: WATER</b>
<b>WEEK 1 5/28</b>	X: CLOSED MEMORIAL HOLIDAY	<b>GARFIELD MOVIE @ Red Stone Theater</b> Bring \$8 for buying snack at concessions.	RED STONE THEATER FOR KID SUMMER MOVIES @ 9am  Movie list TBD  *Bring \$5 for kid combo pack: popcorn, drink and treat	Group Games Theme activity Relay Races Fort Building Board Games Art/Craft Coloring Word search  *BYOB: Bring your Own Board/ Card Game	SPLASH PAD @  Crooked Creek Park OR Clark Creek Community Park  *Bring: Swimwear Towel Flip Flops SPF Spray
<b>WEEK 2 6/3</b>	Big Rock Nature Preserve	<b>KATE SKATE @11</b> *Bring socks and \$5 to buy a snack			
<b>WEEK 3 6/10</b>	McMullen Creek Greenway	<b>+ ADVENTURE AIR</b> *Bring Adventure Air specific socks			
<b>WEEK 4 6/17</b>	Crooked Creek	<b>INSIDE OUTSIDE 2 MOVIE @ Red stone Theater</b> *Bring \$8 to buy a snack			
<b>WEEK 5 6/24</b>	Freedom	<b>BOWLING Lake Wylie Bowl N Bounce @ 10:30</b> *Socks and \$5 to buy a snack			
<b>WEEK 6 7/1-7/3</b>	Rea Farms	<b>KATE SKATE @11</b> *Bring socks and \$5 to buy a snack		<b>X CLOSED 7/4</b>	<b>X CLOSED 7/5</b>
<b>WEEK 7 7/8</b>	Riverwalk	<b>+ NASCAR MUSEUM</b> *Pack lunch in a paper bag. We will eat off site			
<b>WEEK 8 7/15</b>	Hornets' Nest	<b>CANE CREEK PARK</b> *Pack lunch in a paper bag. We will eat off site			
<b>WEEK 9 7/22</b>	McMullen Creek Greenway	<b>+ CAROLINA RAPTOR CENTER</b> *Pack lunch in a paper bag. We will eat off site			
<b>WEEK 10 7/29</b>	Crooked Creek	<b>BOWLING Lake Wylie Bowl N Bounce @ 10:30</b> *Socks and \$5 to buy a snack			
<b>WEEK 11 8/5</b>	Trailhead Park	<b>PELICANS</b>			



## SUMMER CAMP APPLICATION

This entire form must be completed to be processed for registration.

### CAMP WEEKLY TUITION RATES AND DEADLINES

Lock in the below rate by submitting registration fee. Rates vary depending on the deadlines listed below. Payment is due prior to each week's service. Camp fees cover costs of activities, class, material, transportation, and \*field trip admission. Premium field trips incur an additional cost. Financial assistance is not available to camp. **Sorry, No Refunds. No Credit/Rollover. No exceptions.**

Weekly Rate	Registration Deadline
210	By January 10
215	By March 30
220	By May 18
230	After May 18
DROP-IN RATE \$99/ per day	Registration fee is not required for the drop-in rate. Must purchase camp T-shirt separately
LATE PICK UP \$1/ per minutre	For Pick up after 5:30pm

**STAFF USE ONLY:**  
 Date Submitted: \_\_\_\_\_  
 Registration Fee: \$50 Method: \_\_\_\_\_  
 Camp Info Packet sent: Yes/ No  
 1<sup>st</sup> T-shirt \_\_\_\_\_  
 Weekly Rate:  
 # of Weeks:  
 Notes:  
 Staff Initial: \_\_\_\_\_

### CAMP DATES AND SELECTION

Select Your Weeks:	Drop off 7:30am-8:30am   Pick Up 4:00-5:30pm	+ Additional Premium Field Trip Cost
	<b>Summer Camp Weeks:</b>	
	May 28-31 (Tues-Fri)	
	June 3-7	
	June 10-14	+ \$10 to your weekly rate
	June 17-21	
	June 24-28	
	July 1-3 (Mon-Wed)	
	July 8-12	+ \$10 to your weekly rate
	July 15-19	
	July 22-26	+ \$10 to your weekly rate
	July 29-Aug 2	
	Aug 5-9	

### ANNUAL REGISTRATION FEE: \$50/per child

This includes your 1<sup>st</sup> camp shirt. This secures your spot in camp.

**CAMP SHIRTS:** Additional shirts required. Shirts worn daily. We will distribute shirts on the 1<sup>st</sup> day of camp.

Select Size	Cost	Quantity
Youth XS	\$15 x	
Youth S	\$15 x	
Youth M	\$15 x	
Youth L	\$15 x	
Adult S	\$20 x	
Adult M	\$20 x	

Total shirt Quantity: \_\_\_\_\_

Total shirt Cost: \$ \_\_\_\_\_

**PLEASE PRINT CLEARLY.**

**STUDENT INFORMATION**

Child Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

Sex:   M   /   F   Highest Grade Level completed: \_\_\_\_\_ Swim level: (Circle one) Non-Swim / Beg / Inter / Adv

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ School Your Child Attends: \_\_\_\_\_

**PARENT INFORMATION**

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Mom Cell Phone #: \_\_\_\_\_ Dad Cell Phone #: \_\_\_\_\_

Primary E-mail Address: \_\_\_\_\_ **(must be valid to process registration)**

Secondary E-mail Address: \_\_\_\_\_

**CREDIT CARD INFORMATION (must be completed to process registration)**

Card Type: \_\_\_\_\_ (American Express not accepted) Card Number: \_\_\_\_\_

Expiration Date: (Month/Year) \_\_\_\_\_ / \_\_\_\_\_ Zip Code: \_\_\_\_\_ CVV: \_\_\_\_\_

*In the event a nonpayment by due date, I authorize my card to be charged for the amount due plus late fees. **Initial here X:** \_\_\_\_\_*

**Please select from one of the options below regarding payment submission:**

- A. Charge my card for weekly tuition. I understand there is a 3% convenience fee for each card transaction.
- B. I will submit payment via check or cash in-person.

**I have received and reviewed this application form and the parent packet. Initial here X:** \_\_\_\_\_

**How do I know if my child is registered?**

After we receive your application form, and processed payment for registration, you will receive an email confirmation. As we get into April and May, we will contact you via email to provide updates, any changes and more details as we approach the first week of camp. Around this time you will also be asked to submit/confirm which specific weeks your child will participate.

**Please share anything additional you'd like for us to know about your child:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## PERSON(S) AUTHORIZED TO PICK UP OR EMERGENCY CONTACT

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relation: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relation: \_\_\_\_\_

## RELEASE FOR EMERGENCY CARE

I hereby give my consent to any emergency facility and physician to administer necessary treatment to my child (Full Name) \_\_\_\_\_ in the event of an emergency at which time I cannot be reached. I give consent to transport by ambulance if situation warrants it.

**MEDICAL HEALTH NOTIFICATION** Does the participant require Medication: No \_\_\_ Yes \_\_\_

Medicine: \_\_\_\_\_ Dosage: \_\_\_\_\_ Time/Frequency: \_\_\_\_\_

Prescribing Doctor: \_\_\_\_\_ Phone #: \_\_\_\_\_

## PHYSICIAN'S NAME/HEALTHCARE FACILITY

Child's Allergies: \_\_\_\_\_

Child's Medications: \_\_\_\_\_

Other Health Concerns/Conditions: \_\_\_\_\_

Physician Name/Facility: \_\_\_\_\_ Phone # \_\_\_\_\_

Health Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

**ACTIVITY/PROGRAM FIELD TRIP LIABILITY RELEASE/AUTHORIZATION:** I hereby give permission for the applicant(s) to participate in all program activities, including field trips in vehicles and agree to release US-K Martial Arts, its employees, and staff from all liability arising from any accident/harm/injury by the participation of my child(ren) in the program stated above. Parent/legal guardian understands that accidents and/or injuries could occur during activities and is willing to accept any and all risks involved with having their child/children attend camp at *US-K Martial Arts*. By way of copy of this form, I authorize the staff and employees of US-K Martial Arts to obtain medical/hospital treatment for the above participant in the event of an emergency. The undersigned for the purpose of enjoying the benefits of instruction agrees to the below conditions and agrees to pay fees as described in the payment agreement. It is understood and agreed that any tuition/fees/payments should not be returned to the enrollee/parent/guardian for any reason. I willingly agree to obey the instructions in all ways, and it is understood and agreed that this Center shall not be liable for any damages or injuries from lessons. The enrollee understands that there is a risk of personal injury involved in said course of instruction and with this knowledge agrees to indemnify and save harmless the Center from all losses caused by accident or injury to the enrollee or to third persons who may be enrollees by the Center, in the event that either the enrollee or said third person is injured in any way during the proper performance and execution of martial arts instruction. Because of the physical demands of martial arts instruction, enrollee understands that he or she must be in good physical condition to participate in said instruction and hereby certifies that he or she is in good physical condition. I pledge never to use the knowledge gained at this Center except to protect the wellbeing of the defenseless of myself. I, the undersigned, upon being permitted to join, will obey the rules, and will endeavor to conduct myself in a manner of a student in my daily life and in class, and will never do anything to bring disgrace upon the Center. I understand and accept that I may be photographed or videotaped during class, camp, events, testing etc, for advertisements, commercials, etc. for the use of the Center. I give consent for my child to leave US-K Martial Arts site, participate in authorized trips and to ride in authorized vehicles for the purpose of transportation in connection with the US-K Martial Arts Camp. I verify that the information provided by me on this form is both accurate and complete, I understand there are no refunds and I understand and agree to comply with the rules and regulations herein described.

I have read and understood the rules and regulations provided regarding summer camp and I agree that my child will adhere to these rules. I understand that field trips/ daily scheduled events may vary dependent on weather, field trips, etc. I understand policies regarding payment and all other sections listed in this packet. I understand there are No Refunds, roll over or credit for any payments made to USK and that I am responsible for preparing my child for camp.

PRINT Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_

PRINT Parent's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent / Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ALL sections must be signed and completed before registration process can be completed. No Exceptions.**