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# Word of the Month

## GRATITUDE

Gratitude means looking for ways to appreciate the world around us and what others do for us. We can be grateful for big things, like the firefighters who put out house fires, or for small things, like a day of beautiful weather! Expressing gratitude is important, because it shows that we truly appreciate what we have been given

Practice gratitude by filling out these thank-you cards:

Example: Dear Mom, thank you for driving me to practice and helping me with math homework. This is important to me because I enjoy practice and math is hard otherwise.

Dear friend, thank you for \_\_\_\_\_ and \_\_\_\_\_.

This is important to me because \_\_\_\_\_.

Dear \_\_\_\_\_, thank you for \_\_\_\_\_ and \_\_\_\_\_.

This is important to me because \_\_\_\_\_.

Dear \_\_\_\_\_, thank you for \_\_\_\_\_ and \_\_\_\_\_.

This is important to me because \_\_\_\_\_.

**Student Name** \_\_\_\_\_

**Complete form & turn into the Dojo**

**Between November 27 - 30th**

**Pick a Prize from the Treasure Chest**

