



POSITION: Personal Trainer

TYPE: Part-Time (could develop into Full-Time)

ABOUT ADAM CLARK FITNESS

Adam Clark Fitness is a personal training studio that offers personal training and massage therapy. Founded in 2018, we are located in Brewer, Maine and are dedicated to providing our clients with the best possible training experience. We aren't your normal gym. Our mission is to inspire and empower individuals to make lifelong changes through a community of great coaching, continual accountability and positive energy so they can unleash the best possible version of one's self. We promise to live this mission and help everyone who comes into contact with us.

ABOUT THIS OPPORTUNITY

Adam Clark Fitness is seeking a highly-motivated individual to join our personal training staff. We are seeking a qualified trainer to deliver the best possible training experience for our clients. This position requires the ability to coach clients according to their individualized needs while managing multiple clients in a session often in a fast-paced environment. We want all-stars on our staff so if you believe in learning, growing and working together as a team, this could be a great position for you. This position will require you to work flexible hours (early mornings, evenings, weekends). We pay competitive wages, offer paid time off, retirement matching, continuing education credit and the opportunity to grow and learn with the best client base! **This is not for someone who wants to run an independent business.**

ROLES & RESPONSIBILITIES

- Train clients in a small group setting following the ACF standards
- Incorporate modifications as necessary for clients
- Bring positive energy to each session and motivate clients
- Be able to address client concerns and issues
- Schedule clients as needed

- Perform daily cleaning duties
- Perform front desk operations as needed

DESIRED VALUES

Attention to detail, punctuality, passion, growth mindset, dependability, team-oriented, fun

EDUCATION/CERTIFICATIONS

- Personal Training Certification
- Adult First Aid/CPR/AED Certification

To apply for this position, please send in e-mail form with the subject “I want to join the Adam Clark Fitness team!” to adam@adamclarkfitness.com, a copy of your resume and the answers to these three questions:

- 1. What is the last book you read?**
- 2. What was the last professional development you completed (certification, course, seminar, conference, etc.)?**
- 3. What is your favorite dessert?**

Adam Clark Fitness is an equal opportunity employer. This application will not be used for limiting or excluding any applicant from consideration for employment on a basis prohibited by local, state, or federal law. Should an applicant need reasonable accommodation in the application process, they should contact a company representative.