

Monday & Wednesday

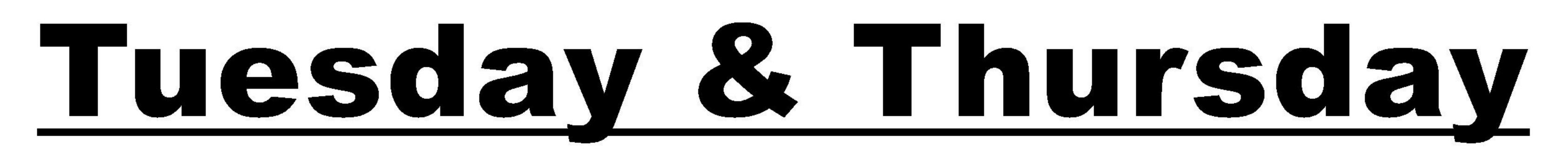
5:15-6:00PM White - Gold Kids Beginners

6:00-6:45PM Brown & Up Kids & Teens Advanced

6:45-7:30PM Orange - Purple Kids Intermediate

White - Purple Teens & Adult Beginner / Intermediate

Brown and up teens & adults can train in this class on Mondays.



5:15-6:00PM Orange - Red Kids Inter-Mix

6:00-6:30PM K2 Little Kickers 5-7yrs Beginners

White - Gold Kids Beginners 14 & under 6:45-7:30PM

7:30-8:15PM Brown & Up Ages 12+

Green & up teens & adults from the M & W 7:30PM class

can attend on Thurdays in this class for extra training.

Friday

Sport Karate Weapons Class: Nunchakus & Bo Staff 6:30-7:30PM Students must sign-up for this class, ages 8+ All Belts

Saturday

10:30AM - 11:15AM Kids Sparring Class. Gold & up with sparring gear. Only on certain weekends.... See Calendar.

11:30AM-12:15PM Stripe Test Make Up. Note: You can test for only one stripe.

Only on certain weekends.... See Calendar.