



PILATES REFORMER CLASS SCHEDULE

Pre-registration is required for all classes. ▶ denotes a virtual class.
Schedule is subject to change.

Monday	10:30am 11:30am 6:30pm	Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class	Nadene Nadene Jenny
Tuesday	6:35pm	Pilates Reformer Group Class	Ericka
Wednesday	9:30am 10:30am 6:30pm	Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class	Marcy Rachel Nadene
Thursday	7:30am 8:30am 6:35pm	Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class	Rachel Ericka Ericka
Friday	8:30am 11:30am	▶ Virtual Foam Roller ▶ Virtual Mat Pilates	Rachel Rachel
Saturday	9:30am 10:30am	Pilates Reformer Group Class Pilates Reformer Group Class	Ericka Jenny



Booking made simple.

Download the
MINDBODY App to easily
check our schedule and
book your next class!



Pilates Class Policies:

Our studio reserves the right to change/cancel class. Minimum class size is 2; maximum is 6. Client cancellations with less than 24hrs notice will be charged for the missed class.



PILATES REFORMER CLASSES

Build stronger, leaner muscles and tone your core with Pilates Reformer!



GET STARTED * Special

Includes:

60-min. Private Session
3 Pilates Reformer Classes

*For new Reformer clients. Limit one.

\$99

Pilates Reformer Class Pricing

1 Class	\$30
4 Pack	\$99
8 Pack	\$199

27 Classes/\$320 month: Ask about our Premium Pkg!