

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 am - 7 am							
7 am - 8 am							
8 am - 9 am						Private Training Cardio Kickboxing	
9 am - 10 am	Boxing	Krav Maga 1/2		Krav Maga 1/2	Krav Maga 1/2	Krav Maga 1 Savate	Fight2Fitness Zoom Boxing Heavy Bag
10 am - 11 am		Muay Thai		Savate		Weapons Class	Krav Maga 1/2 Titans Pre-Teen, Ages 10-12
11 am - 12 pm						Tiny Titans Titans PreK	Muay Thai Tiny Titans, Ages 6 - 9
12 pm - 1 pm	Fight2Fitness Zoom		Fight2Fitness Zoom	Fight2Fitness Zoom			
1 pm - 2 pm							
2 pm - 3 pm							
3 pm - 4 pm							
4 pm - 5 pm			Tiny Titans , Ages 6 - 12	Tiny Titans , Ages 6 - 12			
5 pm - 6 pm	Kali	Savate	Teen Krav Maga, Ages 13-17	Teen Krav Maga, Ages 13-17	Kali		
6 pm - 7 pm	Krav Maga 1/2 Cardio Kickboxing	Krav Maga 3/4 TNT Fitness	Krav Maga 1/2	Muay Thai TNT Fitness	Krav Maga 3/4 TNT Fitness		
7 pm - 8 pm	Muay Thai	Krav Maga 2/3	Muay Thai	Krav Maga 2/3	MMA Class Krav Maga 1		
8 pm - 9 pm		Krav Maga 1 Boxing Heavy Bag	Boxing Heavy Bag	Krav Maga 1	Instructor Training		