February

Goal of the month

Earn a belt stripe

NEW GOLD BELTS, ORDER YOUR SPARRING GEAR FOR Saturday CLASSES.

SUN	MON	TUE	WED	THU	FRI	SAT
				1 BLOCKS CREATIVE KATA FOR 7:30PM CLASS	2 6:30PM WEAPONS	3 CLOSED
4	5 SELF DEFENSE & FREE STYLE SELF-DEFENSE	6 SELF DEFENSE & FREE STYLE SELF-DEFENSE	7 FORMS & KICKS	8 KICKS or FORMS LITTLE KICKER BLACK STRIPE TEST	9 6:30PM WEAPONS	10 CLOSED
11	12 KICKS OR KATA	13 KICKS OR KATA	14 BLOCKS OR KATA	15 BLOCKS OR KATA	16 6:30PM WEAPONS	17 10:30AM SPARRING CLASS STRIPE TESTING 11;30AM
18	19 SELF-DEFENSE & TAKE DOWNS	20 SELF-DEFENSE & TAKE DOWNS	21 KATA & BAG DRILLS	22 KATA & BAG DRILLS LITTLE KICKER BLACK STRIPE TEST	23 6:30PM WEAPONS	24 CLOSED
25	26 KICKS & BLOCKS AND CREATIVE KATA FOR 6PM CLASS	27 KICKS & BLOCKS AND CREATIVE KATA FOR 7:30PM CLASS	28 KICKS & PUMP KICK ATTACKS	29 KICKS & PUMP KICK ATTACKS **Deadline for new K2 uniform or flex tee shirt order**	6:30PM WEAPONS	CLOSED