



On-Line Training Agreement

Your 63 Day Transformation Coach is not a physician or psychologist, and the scope of her consultation services does not include treatment or diagnosis of specific illnesses or disorders. If I, the client, suspect I may have an ailment or illness that may require medical attention, then it is my responsibility to consult with a licensed physician immediately. Any mention or recommendations regarding exercise or nutrition are not meant to treat medical injuries or illnesses, and a licensed physician should be consulted

for medical ailments.

Rather than dealing with treatment of disease, Your 63 Day Transformation Coach focuses on wellness through the use of nutritional and wellness therapies to achieve weight loss and optimal health. Your 63 Day Transformation Coach primarily educates and motivates clients to assume more personal responsibility for their health by adopting a healthy attitude, lifestyle, and diet.

While people generally experience greater health and performance as a result of embracing a healthier attitude, lifestyle, and diet, Your 63 Day Transformation Coach does not promise or guarantee protection from future illness.

By signing below, I acknowledge that I understand that Your 63 Day Transformation Coach is a Health Coach and not a physician, and that I should see a doctor if I think I have a medical condition. Your 63 Day Transformation Coach, Underground LLC, or The 63 Day Transformation will not be held liable for failure to diagnose or treat an illness, nor will she be liable for failure to prevent future illness. I agree and understand that the program which I have purchased with this Agreement involves the risk of injury, and elect to participate in the program voluntarily in spite of the risk.

Fees

The fee for this 9 week program is \$3,000, and will be charged to the credit card provided. It will be paid upfront in a lump sum, or broken into otherwise agreed-upon payments to be billed on specific dates. I agree to allow the credit card I have supplied over the phone to be charged according to the agreed upon payments.

Services

Clients will be provided with weekly 1:1 calls and/or group calls with their coach, designed to provide weekly action and accountability for improvement. Clients will receive individual exercise and nutrition plans, accountability trackers, and additional learning and support materials that are necessary to make progress.

Promotional Material

By accepting the terms of this Agreement and affirmatively seeking the benefits of membership in the Program(s) offered by Your 63 Day Transformation Coach, Underground LLC, or The 63 Day Transformation, YOU affirmatively agree and acknowledge that Your 63 Day Transformation Coach, Underground LLC, or The 63 Day Transformation may at any time reproduce and/ or disseminate any testimonial(s) describing or otherwise referencing, either directly or indirectly, YOUR experience participating in such Program(s), including any specific results experienced by YOU over the course of such participation. YOU agree and acknowledge that this includes any written statements you may

publish to social media accounts and online forums as well as any statements and/or images captured or otherwise recorded over the course of attendance at any event(s) related to such Program(s). You further represent that any such statements or testimonials that you make shall be correct, accurate, and truthful.

Termination

Termination of this agreement may occur at the discretion of the coach when an impasse is reached with the client. As long as the client adheres to the values and guidelines set for success, and the coach adheres to professional practices and standards, the relationship will continue. The goal is to better your health and well being and build a good relationship between coach and client.

Examples of terminable offenses:

- Lack of payment
- Lack of adherence to Coaching Program laid out by the coach
- Indifference on the part of the client to prescribed session action items

By signing below, you signify that you agree with the information laid out in this document in full. I look forward to seeing your results and improvement on this transformational journey!

Name:

Signature:

Date: