

2024 ASIAN AMERICAN CELEBRATION TAEKWONDO CHAMPIONSHIPS



HOSTED BY

**MARYLAND
DANCING
FOR THE
ARTS**

ORGANIZED BY



SPONSORED BY



**FORMS DIVISIONS
BOARD BREAKING
SPARRING DIVISIONS**



**HIGHLANDS SCHOOL
2409 CRESWELL ROAD
BEL AIR, MD 21015**



**BEAUTIFUL TROPHIES
FOR ALL WINNERS**



SUNDAY - MAY 5, 2024



**CALL OR TEXT
443-243-4124**



www.USTAchang.com

TOURNAMENT DIRECTORS

WELCOME LETTER



2024 ASIAN AMERICAN CELEBRATION TAEKWONDO CHAMPIONSHIP

Greetings, Taekwondo Members!

On behalf of the U.S. Taekwondo Scholarship Foundation in conjunction with the Maryland Center for the Arts, it gives us great honor to announce this year's competition: **2024 Asian American Celebration Taekwondo Championship**. This marks the first competition of its kind to celebrate this year's Asian American and Pacific Islander Heritage Month and we are so excited to continue bringing you the finest in competition as well as refereeing for all of our Taekwondo athletes and families. This remarkable tournament is a very special one for us as **proceeds from the tournament will go directly to the Maryland Center for the Arts**.

Stepping on the mats to learn about focus and structure to build confidence through Taekwondo kicks is just the beginning. We cordially invite you to take your Taekwondo journey to the next level and compete in this amazing competition.

Remember, Taekwondo competition is an essential part of martial arts training. Competition allows you to put your individual skills to the test against another individual of similar experience and level. But keep in mind, Taekwondo competition is ultimately a learning experience. And with every experience in life, you gain knowledge, strength, courage, and confidence. Through your experience at this event, you will become a better Taekwondo student overall.

"It's not whether you get knocked down; it's whether you get up." -Vince Lombardi

**Hope to see you all on Sunday - May 5th at the Highlands School – 2409 Creswell Road, Bel Air, Maryland 21015!
Keep practicing and good luck!**

Sincerely,



Master Julia Chang - Event Co-Organizer



Master CJ Chang - Event Co-Organizer &
Tournament Director



2024 Asian American Celebration Taekwondo Championships



Sunday, May 5, 2024

The Highlands School - 2409 Creswell Road, Bel Air, MD 21015

Info: (443) 243-4124 / www.USTAchang.com

COMPETITION FEES

Event Options: Traditional Poomsae; 3-Station Board Breaking & Regular Trigger Sparring

PRE-REGISTRATION BY APRIL 18, 2024: \$80 for one event, +\$20/each additional event.

REGISTRATION AFTER APRIL 18, 2024 OR ON-SITE: \$100 for one event, +\$20/each additional event.

Mail-in Registration will be accepted but MUST BE POSTMARKED by 4/18/24. Credit Card (VISA/MC/DISCOVER) payment is only accepted for Mail-in Registration. **There will be a +\$10 processing fee incurred for all CC transactions.** Cash, Cashiers Checks, Money Orders made payable to US TAEKWONDO, or Pre-Approved School Checks will be accepted for Mail-in Registration. **NO PERSONAL CHECKS ACCEPTED.**

ON-SITE REGISTRATION WILL BE AVAILABLE! Credit Card Payments and Personal Checks will NOT be accepted on-site. ONLY CASH, CASHIERS CHECK, MONEY ORDERS MADE PAYABLE TO US TAEKWONDO, OR PRE-APPROVED SCHOOL CHECKS ACCEPTED ON-SITE.

SCHEDULE

8:00 - 8:30am	On-Site Registration & Pre-Registration pick-up for all competitors
8:30am	Mandatory Referee Meeting
8:45am	Report Time for Forms Competitors
11:00am	Report time for Board Breaking Competitors
12:15 - 12:45pm	Opening Ceremony & Special Performances
12:45 - 1:15pm	Lunch
1:15pm	Weigh-in for 12 & UP Black Belt Sparring Only
1:15pm	Report time for Sparring Competitors

GENERAL ADMISSION	\$15 CASH ONLY (Children 4 & under / 65 & over are FREE)	
COACH PASS	Pre-Registration by April 18: \$30 Registration after April 18 OR On-Site Registration: \$50	1 FREE Coach Pass for 10+ competitors.
COMPETITION RULES	The current modified USAT & modified WT competition rules will govern this championship.	
MANDATORY GEAR	All sparring competitors must wear: white, red or blue helmet (colored helmet must match chest protector color); red and blue reversible chest protector; forearm guard; shin & instep guard; groin cup (worn inside for males; optional for females); and mouth guard. Each competitor must provide their own equipment. Some equipment will be sold at the tournament.	
AWARDS	Beautiful trophies will be awarded to all participants & 1st, 2nd, and 3rd place Forms and Breaking winners will get special recognition with professional pictures on the podium with option to purchase.	
HOTEL	Holiday Inn Belcamp – 1326 Policy Drive, Belcamp, MD 21017 / (410) 272-1806	
SPONSOR	U.S. Taekwondo Scholarship Foundation	
HOST	Maryland Center for the Arts	
ORGANIZER	U.S. Taekwondo Academy	



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COMPETITOR ENTRY FORM

Please Print Legibly

Competitor's Last Name:

First Name:

Middle Name:

Street Address:

City:

State:

Zip Code:

Home Phone:

Cell Phone:

Email:

Approximate Weight (lbs):

Birth Date: MM / DD / YY

Age:

Sex:

Male

Female

I AM ENTERING IN THE FOLLOWING EVENTS:

- TRADITIONAL POOMSAE (FORMS)
- 3-STATION BOARD BREAKING
- TRIGGER SPARRING

Pre-Reg by 4/18: \$80 FOR ONE EVENT / \$20 FOR EACH ADDITIONAL EVENT
Regular Reg: \$100 FOR ONE EVENT / \$20 FOR EACH ADDITIONAL EVEN

YOUR CURRENT RANK:

- WHITE / YELLOW / ORANGE
- GREEN
- BLUE / PURPLE
- BROWN / RED
- BLACK BELT (Dan/Degree Rank: _____)

YOUR TAEKWONDO SCHOOL INFO:

Name of School: _____

TKD School Address: _____

TKD School Phone #: _____

COMPETITOR'S ACKNOWLEDGEMENT

(Parent or Guardian must complete if competitor is 17 years old and younger)

I have read, understood, signed and attached to this form the Liability Waiver form. The above information is true to the best of my knowledge.

Athlete Signature / Parent or Guardian (Print and Sign)

Date (MM / DD / YY)

PAYMENT INFORMATION

You may pay via Cash, Cashier's Check, Money Orders made payable to US TAEKWONDO.

*Credit Card Payment is only application for Pre-Registration MAIL-IN Only. We accept VISA/MC/DISCOVER. **All Credit Card transactions will incur a +\$10 transaction fee.**

NO CREDIT CARD PAYMENT ACCEPTED ON-SITE REGISTRATION. NO PERSONAL CHECKS ACCEPTED. **ALL APPLICATIONS & FEES ARE NON-REFUNDABLE.

Credit Card Number w/ Security Code:

Expiration Date:

Signature:

Amount:

Cash Amount: _____

Cashier's Check Amount: _____

Money Order Amount: _____

You MUST SIGN & DATE the back of this page in order to compete. TURN PAGE OVER & COMPLETE →

You MUST SIGN & DATE this page in order to participate in the 2024 Asian American Celebration Taekwondo Championship.

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OR RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

- In consideration of your acceptance of my participation or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against the 2024 Asian American Celebration Taekwondo Championship, Grand Master Se Yong Chang, Master Yong Seong Chang, Master Julia Chang, United States Taekwondo Scholarship Foundation, Maryland Center for the Arts, Highland School, and for this martial arts function, its organizing committee, and all members of this martial arts function, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners, and lesser of premises on which the martial arts function takes place, assignees and against any student for any and all damages which may be sustained by me or the minor child, in connection with me or entry in the above stated function, or which may arise out of traveling to, participating in, and returning from this martial arts function. I understand that all entry fees are nonrefundable.
- I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this martial arts function. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the martial arts function.
- I understand that the competition rules are based on the rules of the USAT and WT. I agree to all the tournament competition rules and understand that any pictures taken of me in connection with the 2024 Asian American Celebration Taekwondo Championship may be used by the organizer for publicity or promotion without compensation.
- I have read this agreement, fully understand its terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

Participant's Printed Name:

Participant's Signature:

Date:

Parent/Guardian's Printed Name:

Parent/Guardian's Signature:

Date:





2024 Asian American Celebration Taekwondo Championships



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COACH APPLICATION FORM

Please Print Legibly

Coach's Last Name:

First Name:

Middle Name:

Street Address:

City:

State:

Zip Code:

Home Phone:

Cell Phone:

Email:

USAT Coach Level:

Birth Date: MM / DD / YY

Age:

Sex:

Male

Female

WHAT BLACK BELT RANK ARE YOU?

1st Dan

5th Dan

2nd Dan

6th Dan

3rd Dan

7th Dan

4th Dan

8th Dan

YOUR TAEKWONDO SCHOOL INFO:

Name of School: _____ Instructor's Name: _____

TKD School Address: _____ TKD School Phone #: _____

COACH'S ACKNOWLEDGEMENT

I have read, understood, signed and attached to this form the Code of Conduct and Liability Waiver form.
The above information is true to the best of my knowledge.

Coach's Signature / Parent or Guardian (Print and Sign)

Date (MM / DD / YY)

OFFICIAL USE (COMPLETED BY OFFICIAL EVENT STAFF)

Code of Conduct

Waiver & Release of Liability, Assumption of Risk & Parental Consent & Indemnity Agreement

Cost:

★ **Pre-Registration by April 18:** \$30

★ **Registration after April 18 OR On-Site Registration:** \$50

Cash

Money Order / Cashier's Check

Pre-Approved School Check *****PERSONAL CHECKS NOT ACCEPTED*****

Event Staff Verifying Form
Print Name:

Sign:

Official Stamp:

You **MUST SIGN & DATE** the back of this page in order to compete. TURN PAGE OVER & COMPLETE →

You MUST SIGN & DATE this page in order to participate in the 2024 Asian American Celebration Taekwondo Tournament.

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OR RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

- In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against the 2024 Asian American Celebration Taekwondo Championship, Grand Master Se Yong Chang, Master Yong Seong Chang, Master Julia Chang, this athletic meet, its organizing committee, United States Taekwondo Scholarship Foundation, the World Taekwondo, Maryland Center for the Arts, The Highlands School, and all members of this athletic meet for this martial arts function, its organizing committee, and all members of this martial arts function, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners, and lesser of premises on which the martial arts function takes place, assignees and against any student for any and all damages which may be sustained by me or the minor child, in connection with me or entry in the above stated function, or which may arise out of traveling to, participating in, and returning from this martial arts function. I understand that all entry fees are nonrefundable.
- I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this martial arts function. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the martial arts function.
- I understand that the competition rules are based on the rules of the USAT and WT. I agree to all the tournament competition rules and understand that any pictures taken of me in connection with the 2024 Asian American Celebration Taekwondo Championship may be used by the organizer for publicity or promotion without compensation.
- I have read this agreement, fully understand its terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

Participant's Printed Name:

Participant's Signature:

Date:

Parent/Guardian's Printed Name:

Parent/Guardian's Signature:

Date:





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POOMSAE (FORMS)

ALL TAEKWONDO FORMS WILL BE ALLOWED.

Rank (Kub)	10 - 9	8 - 7	6 - 5	4 - 3	2 - 1	Poom-Dan: 1 - 2 - 3
Belt Colors	White / Yellow / Orange		Green	Blue / Purple	Red / Brown	Black
Poomsae: Taeguk / Palgwae / Chang Hon / Pyung Ahn / etc.	Basic Form / Taeguk 1 or 2		3 or 4	5 or 6	7 or 8	Koryo, Keumgang, Taebaek, etc.

TRADITIONAL: Poomsae competitors must perform only the Poomsae designated for their specific rank. ALL Taekwondo forms will be allowed. Scores will be based on: proper order, beauty, grace, rhythm, accuracy, power, technique and attitude. Poomsae will be a bracket competition like Sparring.

KYUK-PA (BREAKING)

3 STATION TRADITIONAL BOARD BREAKING:

- ★ Competitors must provide their own boards and holders.
- ★ **Only Pine Boards** will be allowed. **NO** bricks, cinder blocks, fruit or anything besides pine boards.
- ★ Competitors can choose the kind of techniques and number of boards to break.
- ★ The maximum number of stations is 3 with 1-3 kicking techniques per station.
- ★ The maximum set-up time is 1 minute.
- ★ The maximum time to complete the performance is 1 minute.
- ★ The maximum number of tries is 2 times.
- ★ The performance must be done within the regulation ring size.

Boards will be available for purchase at the venue.



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SPARRING

SPARRING COMPETITION RULES:

AGE	RULES
11 & under	<ul style="list-style-type: none">→ USAT / WT Modified rules→ No Head Contact for all belts except Black Belts ages 8-11→ Junior Safety rules for Black Belts ages 8-11
12 - 14	<ul style="list-style-type: none">→ USAT / WT Modified rules→ Junior Safety rules for All Belts
15 - 17	<ul style="list-style-type: none">→ USAT / WT Modified rules→ Junior Safety Rules for Color Belts→ Senior Rules for Black Belts
17 & up	<ul style="list-style-type: none">→ USAT / WT Modified rules→ Senior Rules for All Belts

IMPORTANT:

AGES (12 - 32) BLACK BELT SPARRING DIVISIONS ONLY:

- ★ Weigh-ins are required ONLY FOR BLACK BELTS COMPETING IN THE 12-14, 15-17 & 17-32 YEAR OLD SPARRING DIVISIONS. Weigh-ins will take place on Sunday, May 5 at the venue between 1:15-1:30pm. Black Belt Competitors 12-32 years old will be placed into Light/Middle/Heavy weight divisions based on the discretion of the referees.

ALL COLOR BELT DIVISIONS; BLACK BELT DIVISIONS (11 & UNDER); BLACK BELT DIVISIONS (33 & UP):

- ★ There will be **NO weigh-in** for All Color Belt divisions, Black Belt divisions (11 & under), or Black Belt divisions (33 & up). You must enter your correct weight during your registration. If there seems to be purposeful falsifying of weight information, you will risk disqualification. Competitors unable to meet the weight division listed during registration will not be allowed to compete and be disqualified. **Competitors will not be moved up or down divisions after falsification.**
- ★ If there are less than four athletes in a weight division, the organizing committee may combine weight divisions.
- ★ Athletes ages 15-17 SPARRING ONLY may compete in their own division or an older age division of their respective weight.
- ★ Athletes ages 33 & up SPARRING ONLY have the option to compete in their own division or the 17-32 year old division for their respective weight.



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CHECK YOUR EVENT INFORMATION

AGE: <input type="checkbox"/> 7 & under <input type="checkbox"/> 8-9 <input type="checkbox"/> 10-11 <input type="checkbox"/> 12-14 <input type="checkbox"/> 15-17 <input type="checkbox"/> 17-32 <input type="checkbox"/> 33 & up	RANK: <input type="checkbox"/> White / Yellow / Orange Belt Division <input type="checkbox"/> Green Belt Division <input type="checkbox"/> Blue / Purple Belt Division <input type="checkbox"/> Brown / Red Belt Division <input type="checkbox"/> Black Belt Division
GENDER: <input type="checkbox"/> Male <input type="checkbox"/> Female	

AGE: <input type="checkbox"/> 7 & under <input type="checkbox"/> 8-9 <input type="checkbox"/> 10-11 <input type="checkbox"/> 12-14 <input type="checkbox"/> 15-17 <input type="checkbox"/> 17-32 <input type="checkbox"/> 33 & up	RANK: <input type="checkbox"/> White / Yellow / Orange Belt Division <input type="checkbox"/> Green Belt Division <input type="checkbox"/> Blue / Purple Belt Division <input type="checkbox"/> Brown / Red Belt Division <input type="checkbox"/> Black Belt Division
GENDER: <input type="checkbox"/> Male <input type="checkbox"/> Female	

Traditional Poomsae (Forms) - Available to All Ages

Board Breaking - Traditional 3 Stations

Open Trigger Sparring -

Available to All Ages

AGE: <input type="checkbox"/> 4-5 <input type="checkbox"/> 6-7 <input type="checkbox"/> 8-9 <input type="checkbox"/> 10-11 <input type="checkbox"/> 12-14 <input type="checkbox"/> 15-17 <input type="checkbox"/> 17-32 <input type="checkbox"/> 33 & up	RANK: <input type="checkbox"/> White / Yellow / Orange Belt Division <input type="checkbox"/> Green Belt Division <input type="checkbox"/> Blue / Purple Belt Division <input type="checkbox"/> Brown / Red Belt Division <input type="checkbox"/> Black Belt Division
GENDER: <input type="checkbox"/> Male <input type="checkbox"/> Female	
WEIGHT:: <input type="checkbox"/> Light <input type="checkbox"/> Middle <input type="checkbox"/> Heavy	

ALL DIVISIONS ARE SUBJECT TO CHANGE

SPONSORS:

BEST TAEKWONDO PHOTOGRAPHY



Mr. Kwon
703-674-8734

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