



SPRING QUARTER

TEST WEEK 06/10 through 06/15

402 Eden Circle,
Bear, DE 19701
(302) 834-4060
www.DEwushu.com

TINY TIGERS & LIL DRAGONS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tigers (Age 3/4)		6:00 to 6:30pm	4:30 to 5:00PM	5:30 to 6:00pm		12:30 to 1:00pm
Lil Dragons (Age 5/6)		5:30 to 6:00pm	5:00 to 5:30pm	6:00 to 6:30pm		12:00 to 12:30pm

KIDS PROGRAM: ages 7-11

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TECHNIQUES	5:00 to 5:30PM	4:30 to 5:00PM	5:30 to 6:00pm	5:00-5:30PM 6:30-7:00PM	5:30 to 6:00pm	11:30 to 12:00PM
SELF-DEFENSE & SPARRING	5:30 to 6:00pm	5:00 to 5:30PM		4:30 to 5:00PM	5:00 to 5:30pm	11:00 to 11:30AM
		6:30 to 7:00PM		7:00 to 7:30PM		
ADVANCED FORMS	4:30 to 5:00PM	7:00 to 7:30PM			4:30 to 5:00PM	
LEADERSHIP					6:00 to 7:00PM	

ADULT & TEEN PROGRAMS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TECHNIQUE TRAINING	7:00 to 7:30PM	7:30 to 8:00PM	6:00 to 6:30PM	8:00 to 8:30PM	4:00 to 4:30PM	10:30 to 11:00AM
SELF DEFENSE	6:30 to 7:00PM		6:30 to 7:00PM			10:00 to 10:30AM
SPARRING	7:30 to 8:00PM	8:00 to 8:30PM		8:30 to 9:00PM		9:00 to 9:30AM
STRETCHING & CONDITIONING	6:00 to 6:30PM		7:00 to 7:30PM			9:30 to 10:00AM
ADVANCED FORMS	8:00 to 8:30PM	8:30 to 9:00PM		7:30 to 8:00PM	4:30 to 5:00PM	
TAI CHI			7:30 to 8:15PM	9:30 to 10:15AM		
LEADERSHIP					6:00 to 7:00PM	