

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Gi Jiujitsu 8:00-8:45am		Muay Thai 7:15-8:30am		No-Gi Jiujitsu 8:00-8:45am		Muay Thai 7:15-8:30am		No-Gi Jiujitsu 8:00-8:45am			
								No-Gi Jiu-jitsu 11:30a-1:00pm		Muay Thai 10:00-10:55am	
Little's Jiu-jitsu 5:00-5:45pm	Kid's Jiu-jitsu 5:00-5:45pm			Little's Jiu-jitsu 5:00-5:45pm	Kid's Jiu-jitsu 5:00-5:45pm				Kid's Jiu-jitsu Comp Session 5:00-5:45pm	MT Open Mat 11:00-1:00pm	No-Gi Jiu-jitsu 11:00-12:00pm
Jeet Kune Do 6:00-6:55pm	Gi Jiu-jitsu Fundamentals 6:00-6:55pm	Bag Session 6:00-6:30pm	Kid's Jiu-jitsu 6:00-6:45pm		No-Gi Jiu-jitsu 6:00-6:55pm	Bag Session 6:00-6:30pm	Kid's Jiu-jitsu 6:00-6:45pm		Jiu-jitsu Comp Session 6:00-8:30pm		No-Gi Open Mat 12:00-1:00pm
Knife Defense 7:00-7:45pm	Gi Jiu-jitsu Sparring 6:45-7:45pm	Muay Thai Technique 6:30-7:15pm		Knife Defense 7:00-7:45pm	No-Gi Jiu-jitsu Sparring 6:45-7:45pm	Muay Thai Technique 6:30-7:15pm		Muay Thai Sparring 6:30-7:30pm			
Muay Thai 7:50-8:45pm	Weapns Drilling 7:50-8:20pm	Muay Thai Open Mat 7:15-8:30pm	Gi Jiu-jitsu Fundamentals 7:00-8:15pm	Muay Thai 7:50-8:45pm	Advanced Weapons 7:50-8:20pm	Muay Thai Open Mat 7:15-8:30pm	Gi Jiu-jitsu Fundamentals 7:00-8:15pm		Muay Thai Open Mat 7:30-8:30pm		
Muay Thai Sparring 8:45-9:15pm			Gi Jiu-jitsu Sparring 8:15-9:00pm	Muay Thai Sparring 8:45-9:00pm			Gi Jiu-jitsu Sparring 8:15-9:00pm				