



2024 SUMMER CAMP SCHEDULE

7:30 – 9:00	Early Drop off
9:15-10:00	CAMP STARTS (Structured Inside Activities)
10:00 – 10:45	Outside Activities
11:00 – NOON	LUNCH (campers must bring sack lunch and drink)
NOON – 2:00	Off-Campus Activities (activities may start earlier)
2:30 – 3:00	Snack/Rest Time
3:00 – 4:30	Games
4:30 – 5:00	Clean up
5:00 – 6:30	Brazilian Jiu-Jitsu Classes (No Classes on Fridays)
6:30	Late Pick up (6:15PM on Fridays)

Please send your child with a sack lunch, drinks, and a snack each day. If you are a student of Carlos Machado Jiu-Jitsu, please remember to bring your uniform. If your child is not currently enrolled in Jiu-Jitsu, please send workout clothes (sweat pants, shorts, t-shirt, etc.) for your child so they can participate in class.

If you have any questions, please call 214-494-6111.

Please register your camper as Member/Non-member.

Please check the boxes of which summer camp weeks your child needs:

- | | |
|--|---|
| <input type="checkbox"/> Week 1: May 28 – 31 CLOSED MAY 27 | <input type="checkbox"/> Week 8: July 15 – 19 |
| <input type="checkbox"/> Week 2: June 3 – 7 | <input type="checkbox"/> Week 9: July 22 - 26 |
| <input type="checkbox"/> Week 3: June 10 - 14 | <input type="checkbox"/> Week 10: July 29 – Aug 2 |
| <input type="checkbox"/> Week 4: June 17 - 21 | <input type="checkbox"/> Week 11: Aug 5 – 9 |
| <input type="checkbox"/> Week 5: June 24 – 28 | <input type="checkbox"/> Week 12: Aug 12 |
| <input type="checkbox"/> Week 6: July 1 – 3 CLOSED JULY 4 & 5 | |
| <input type="checkbox"/> Week 7: July 8 - 12 | |

Carlos Machado Jiu-Jitsu Summer Camp Program

5201 S Colony Blvd. S-575 * The Colony, TX 75056 * 214-494-6111

VIP Summer Camp Membership: (SAVE over \$500 right now!)

Summer Camp is normally \$2,060 for the entire summer, but this membership is perfect for families that want to make one payment today of \$1,854 and save over \$500 right now! This membership includes all **12 weeks** of summer camp and is non-refundable or transferable. **Special Bonus:** As a Summer Camp member, you will receive 25% discounts on all school year camps when your child's school is closed!

Full Summer Membership: Most popular! Only \$188 (+ processing fees) per week!

Parents love this affordable membership! This is our most common membership and it is perfect for families that want to receive a HUGE discount. This membership includes all **12 weeks** of summer camp and is non-refundable or transferable. Summer Camp is normally \$208 per week, but when you join today, your child's tuition is only **\$188 per week (+ processing fees)** and you SAVE **\$20 per week!** **Special Bonus:** As a Summer Camp member, you will receive 25% off all school year camps when your child's school is closed! You can choose one week during the summer where you do not have to attend and still qualify for this membership.

Weekly Membership: Only \$208 (+ processing fees) per week!

This membership is perfect for families that want to attend our exciting summer camp on a week-to-week basis. This program is normally \$228 week, but when you join today, your child's tuition is only **\$208 per week (+ processing fees)!** This membership may be cancelled at any time with a 7-day notice minus your weekly deposit. **Special Bonus:** As a Summer Camp Member, you will also receive 25% discounts on all school year camps when your child's school is closed!

Field Trips: Studio Movie Grill, Heard Science Museum, Strikes Bowling, Frontiers of Flight Museum, Top Golf

Please Note: Special event activities and outings listed above will take place each Monday and Wednesday. Due to booking conflicts, some activities may be on a Tuesday, Wednesday or Friday. Camp fees cover the entrance to two (2) activities per week. There may be weeks where an additional field trip is scheduled, and the cost of that activity will be passed along to the camper. Please feel free to send money for your child to purchase snack or incidentals while at these activities. These outings are subject to change at the discretion of Academy of Carlos Machado Jiu-Jitsu. **Each Friday campers will travel to The Colony Rec center for an activity.** Event starts at 10 AM and we will return around 1 PM.

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(Please read and initial on the underline section)

_____ I understand that my child (ren) is required to wear their summer camp T-shirt every field trip day. Failure to do so will result in a \$20 charge to card on file, or pay cash at time of drop-off. Your child (ren) will be given a new summer camp T-shirt at that time.

_____ I understand that on field trip days, my child needs to be dropped off no later than 9 am. If my child arrives at a time when the Machado staff is out on field trip, I will need to come back at the time they arrive or drop my child off at the location where the field trip takes place that day.

Please tell us anything about your child that we should know in order to make his/her summer camp experience a more enjoyable one.

Email: _____

Name of Student(s): _____ / _____
DOB ____/____/____ DOB ____/____/____

Address: _____ City: _____ State: _____

Zip Code: _____

T-SHIRT SIZE: XS, S, M, L, XL, Adult S, Adult M (t-shirts must be worn on ALL field trips)

PLEASE NOTE: The balance for the camps will take place the Thursday before the camp begins.

Initial _____ Type _____ CC# _____ Expiration: _____

CVV: _____ Name on Card _____

CARLOS MACHADO JIU-JITSU CAMP PAYMENT AGREEMENT

CAMP FEES - One-time payment for Registration and T-Shirt & pants - \$50 (\$40 if your child has a Gi pants currently).

Deposit to hold your child's spot - \$50 for each camp your child will attend. (The balance of the camp fee will be billed on the Thursday before the camp session that your child will attend.)

Multiple Child Discount:

For families with more than one child enrolled in Camp, there will be a \$20 per session discount per child after the enrollment of the 1st child.

Carlos Machado Jiu-Jitsu Member/Non-Member Fees

To receive Carlos Machado member rate, campers(s) must be a current member of Carlos Machado Jiu-Jitsu at the time of registration and their membership must be current on the date of the session they are registering for. Refunds **WILL NOT** be granted if camper(s) become members after time of registration.

CAMP REFUNDS

Full refunds will be granted when requested **at least** five (5) business days prior to the session start date, **less** the \$25 registration payment. Refunds requested less than five (5) business days prior to the start of camp, or after the session has started will not be granted. Failure to attend a registered camp session will be considered a forfeiture of all fees paid.

Payments will be accepted until 8:00 pm on the Thursday before the start of a camp session. No payments will be accepted the following morning if a waiting list exists.

After the payment deadline, if a waiting list exists, all unpaid registrants will be dropped from the camp and space will be offered to those on the waiting list. **No deposits will be refunded or transferred.**

Wait List

There is no fee to be placed on the wait list. If a spot becomes available, the camper(s) parent/guardian that is prioritized at the top of the wait list (prioritized according to the date and time of the received required registration forms) will be contacted via telephone and email. The parent/guardian will have 24 hours from the time of notification to make full payment for the desired camp session. If payment is not received within 24 hours, the camper(s) parent/guardian next on the wait list will be contacted.

Illness

If your child becomes ill and cannot attend camp, you must notify Carlos Machado Jiu-Jitsu within 24 hours and provide an original doctor's note dated the first day your child was out of camp or before in order to receive a prorated refund. Doctor's notes may not be faxed and require an original signature or stamp

PARENTS: IN CASE OF EMERGENCY, PLEASE LIST THE NAMES & PHONE NUMBERS OF ANYONE AUTHORIZED TO PICK UP YOUR CHILD (REN) PLUS ANY ADDITIONAL INFORMATION, ON REVERSE SIDE OF THIS AGREEMENT.

Name _____ Driver's License# _____ PH# _____

Name _____ Driver's License# _____ PH# _____

Name _____ Driver's License# _____ PH# _____

Name _____ Driver's License# _____ PH# _____

I have read, understand and agree to abide by the above state payment guidelines.

**Signature of Parent/Legal
Guardian** _____

Date: _____

This form must be signed and on file before you may register your child for any Carlos Machado Jiu-Jitsu Camp sessions. You may pick up a Camp Packet at the Carlos Machado Jiu-Jitsu, The Colony office.

**Carlos Machado Jiu-Jitsu
5201 S Colony Blvd #575
The Colony TX 75056
214-494-6111**

Payment Terms: I agree to make the payments established in the Payment Agreement.

_____ **Initial Payment Terms**

In consideration of the use and availability of the services and facilities, by me and the above listed children and wards, if any, I hereby waive, agree to release, and discharge any and all claims for damages for personal injury, death, or property damage, which I may have, or which may hereafter accrue to me, while participating in any program sponsored by Carlos Machado Jiu-Jitsu, The Colony. This release is intended to discharge in advance Carlos Machado Jiu-Jitsu, The Colony, including its officers, directors and coordinators, employees, agents, co-sponsors or volunteers, from any and all liability, even though that liability may arise out of ordinary negligence or carelessness on the part of the persons or entities mentioned above now and forever.

It is understood that participation in programs at Carlos Machado Jiu-Jitsu, The Colony involve an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold Carlos Machado Jiu-Jitsu, The Colony, including its officers, directors and coordinators, employees, agents, cosponsors or volunteers, free and harmless from any loss, liability, cost, or expense which they may incur as the result of my death or any injury to myself or property damage that I may sustain while participating in any activity now and forever.

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Further, in case of accident, injury or sudden illness, I authorize any first-aid or emergency medical care which may become necessary for my child or ward while enrolled in any activity or program administered by Carlos Machado Jiu-Jitsu The Colony. Also, I authorize that my child, ward, or I may be transported to a local medical facility. If I cannot be reached in an emergency, I hereby grant permission for my child or ward named above to receive all appropriate medical treatment necessary. By executing this document, I hereby assume, on behalf of my child or ward, all risk of injury or loss to which he or she may be exposed.

_____ Initial **Hold Harmless Waiver**

Permission for Transport Child

I give permission for my child to be transported in a motor vehicle driven by Mike Madeley, Evan Thompson or other Carlos Machado Jiu-Jitsu Camp Leader to an event at the specified location on the date indicated. I understand that my child is expected to follow the directions provided by the driver and/or other adult volunteers.

I have read, understand, and discussed with my child that:

1. They will be traveling in a motor vehicle driven by an adult and they are to wear their safety belt while traveling.
2. They are expected to respect each other, the vehicles they ride in, and the people they travel with during the trip;
3. Riding in a motor vehicle may result in personal injuries or death from wrecks, collisions or acts by riders, other drivers, or objects; and
4. They are to remain in their seats and not be disruptive to the driver of the vehicle.

I recognize that by participating in this activity, as with any activity involving motor vehicle transportation, my child may risk personal injury or permanent loss. I hereby attest and verify that I have been advised of the potential risks, that I have full knowledge of the risks involved in this activity, and that I assume any expenses that may be incurred in the event of an accident, illness, or other incapacity, regardless of whether I have authorized such expenses.

As a condition for the transportation received, I, for myself, my child, my executors and assigns, further agree to release and forever discharge Carlos Machado Jiu-Jitsu, The Colony and their agents, officers, employees and volunteers from any claim that I might have myself or that I could bring on my child's behalf with regard to any damages, demands or actions whatsoever, including those based on negligence, in any manner arising out of this transportation.

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I have read this entire waiver and permission form, fully understand it, and agree to be legally bound by its terms.

Parent/Guardian Name (please print): _____ Date: _____

Parent/Guardian Signature: _____

Program Waiver and Release

Important Information

The CARLOS MACHADO JIU-JITSU & MAAC is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The CARLOS MACHADO JIU-JITSU & MAAC continually strives to reduce risk and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in martial arts. You are solely responsible for determining if you or your minor child/ward is physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

Warning of Risk

Mixed Martial Arts and Grappling/Jiu-Jitsu are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury including, but not limited to, head/brain injuries, and bone and joint injuries. All hazards and dangers cannot be foreseen. The very nature of Mixed Martial Arts/Grappling is hazardous and risky, including, but not limited to acts of sparring, competing, instructor demonstration/instruction, unsportsmanlike conduct, lack of or incorrect technique, failure to wear protective equipment, recklessness, loss of control, inadequate supervision or instruction, lack of physical conditioning, mismatch of opponent's size, strength or skill, poor warm-up, equipment failure, poor officiating, premises defects, and all other circumstances inherent to the sport of martial arts. In this regard, it is impossible for The CARLOS MACHADO JIU-JITSU & MAAC to guarantee absolute safety.

Waiver and Release of All Claims and Assumption of Risk

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Please read the form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal, liability and will be waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I, _____, recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume full risk of any and all injuries, damages or loss, regardless of severity, that I or my minor child/ward may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against The CARLOS MACHADO JIU-JITSU & MAAC, including its officials, agents, volunteers, and employees.

I have read and fully understand the above important information, warning of risk, assumption of risk, and waiver and release of all claims. If registered on-line or via fax, my online or facsimile signature shall substitute for and have the same legal effects as an original form signature.

Date _____

Please Print Name _____

Participant Signature _____

(Parent/Guardian if under 18 years of age)

PARTICIPATION WILL BE DENIED if the signature or parent/guardian and date are not on this waiver.

Carlos Machado Jiu-Jitsu & MAAC

Student Discipline Policy

The Carlos Machado Jiu-Jitsu & MAAC was founded on the principals of discipline, respect and self-control. Brazilian Jiu-Jitsu is the vehicle used to install each of these character qualities into our students. Alas, there are times when a student may not adhere to the code of conduct required at the CARLOS MACHADO JIU-JITSU & MAAC and disciplinary measures must be taken.

Discipline, according to Merriam-Webster Dictionary, is training that corrects, molds, or perfects the mental faculties or moral character.

The CARLOS MACHADO JIU-JITSU & MAAC firmly believes that discipline is learned through example, participation, and instruction and at times, disciplinary action. We strive to teach all students to respect themselves, their family and friends, and those of authority. The last is especially important for students to learn.

The goal of the MMC is to teach by example and instruction, but at times, students must be shown that there are consequences for disruptive behavior, disrespect of authority, and volatile/violent outbursts.

Following in the tradition of many decades of martial arts training the CARLOS MACHADO JIU-JITSU & MAAC uses various methods of disciplinary instruction.

Rules are set forth; children are given the rules of conduct in each class and know what is expected of them at all times. If a child needs reprimand, he or she is first told to stop what they are doing, and then asked why they are not following the rules. Depending upon the offense, they are either given a second chance or further action is taken. The next step is to separate them from the other kids in a place of personal reflection to let them cool down and think about how they might behave differently.

If this has been done, or the offense is egregious, the child will be asked to perform a basic martial art exercise such as, but not limited to, wall sits, push-ups, jumping jacks, squat kicks, or some similar activity. If this is proven to be ineffective, or the child responds to the instructor in an inappropriate, disrespectful or volatile/violent manner, further action is required.

As a martial arts school, the CARLOS MACHADO JIU-JITSU & MAAC employs various Martial Arts principles of discipline. Sparring of the students is used in instruction as well as correction. The sparring of a student may be conducted by an instructor or another student of equal or higher rank as the offending student. Control is used at all times by both instructors and students, with safety equipment such as head gears worn. This disciplinary action may be conducted either in front of other students or with only the student, instructor and at least one other witness present, either a MACHADO JIU-JITSU & MAAC employee or student.

If all of the afore mentioned methods have taken place and the student is still not complying with the CARLOS MACHADO JIU-JITSU & MAAC's Code of conduct, Michael Madeley/Evan Thompson is called in to administer further corrective action. This can be either a sparring session or a parent meeting in which the offense will be discussed and action on the part of the parent is expected. If a student is consistently noncompliant to the rules, the CARLOS MACHADO JIU-JITSU & MAAC reserves the right to refuse service to the child for a set period of time as in a suspension, or to terminate the care indefinitely.

By signing below, you understand and agree to the CARLOS MACHADO JIU-JITSU & MAAC's discipline policy.

Parent/Guardian Signature _____ Date _____

Photography and Video Release Form

Student Name

Student Grade

Student DOB _____

I do hereby give my consent to the CARLOS MACHADO JIU-JITSU & MAAC and its designees to photograph, audio record, and/or video record my child. I understand that any such photographs, audio recordings, and/or video recordings become the property of the Martial Arts and Athletic Center. I understand that the CARLOS MACHADO JIU-JITSU & MAAC may use and/or reproduce the photographs, likeness or the voice of my child for any internal or external educational! Instructional or promotional activities determined by the Machado Jiu-Jitsu in broadcast and electronic media formats now existing or in the future created. I further understand that external educational; instructional, or promotional activities may include the release of the photographs, audio recordings, and/or video recordings to newspapers, radio and television stations. I also agree to allow my child's work and/or photograph to be published on the Machado Jiu-Jitsu website, and/or publications such as social media. I further understand that by signing this release, I waive any and all present or future compensation rights to the use of the above stated material(s). By signature below, I release Carlos Machado Jiu-Jitsu and Martial Arts and Athletic Center, Its Board of Trustees, agents, employees or other representatives from any liabilities, known or unknown, arising out of the use of this material. I have read the Photography and Video Release Form and fully understand the terms and conditions outlined. I certify that I have full legal capacity to sign this Photography and Video Release Form on behalf of myself and my child.

YES, I do give permission to use my child's photo or likeness as described above.

NO, I do not give permission to use my child's photo or likeness as described above.

Parent/Guardian Name (Print)

Parent/Guardian Signature

Date

Carlos Machado Jiu-Jitsu Summer Camp Program

AUTHORIZATION FORM

I (we) hereby authorize Carlos Machado Jiu-Jitsu/Frisco Jiu-Jitsu. To electronically deduct weekly/monthly) tuition installments for payment to our CARLOS MACHADO JIU-JITSU & MAAC Martial Arts classes and to initiate credit entries in the event of erroneous charges. I (We) hereby authorize the Financial Institution indicated below to accept and post these transactions to my (our) account. I (we) authorize Machado Jiu-Jitsu. To adjust said transactions to reflect any tuition changes and coverage renewals.

This authorization will remain in effect until I (we) provide written notice to Carlos Machado Jiu-Jitsu requesting termination. Notice of cancellation will require at least ten business days prior to the automatic withdrawal date to afford Carlos Machado Jiu-Jitsu and the Financial Institution reasonable time to act on the cancellation.

To ensure accuracy, please attach a sample check marked "VOID" for the checking account to be debited. (Please do not attach a deposit ticket, as routing numbers may not be the same.)

Name:
Address:
Name of Bank:
Account Number:

Routing Number: (On business checks, this is a nine-digit number on the bottom of the check immediately before the account number. (See sample below.) On personal checks the nine-digit routing number will be the first set of numbers located on the lower left corner of check.)

Authorized Account Holder Signature

Date

Second Account Holder Signature (if applicable)

Date

Attach the scanned copy of check here

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Carlos Machado Jiu-Jitsu

Dear CARLOS MACHADO JIU-JITSU & MAAC Parents,

The 2021-22 school year is off to a great start!! We are enjoying the new children in our care as well as those that have been with us for years. In order to run the most efficient after school martial arts program possible, we need your help in a few matters. The following items are some issues we are having. Please read through them carefully and pay close attention to the new late pick-up fee and No Call no show fees.

No Class List & Early Pick-ups

It is extremely important for all students to finish class each day, it is the time we instill discipline, respect, and self-control through the learning of martial arts. For this reason, we ask that if you need to pick your children up before the end of class, please place them on the "No Class List." This will ensure no disruptions to the class. If they are not on the "No Class List" and held out of class, Michael Madeley/Evan Thompson reserves the right to hold them in class until it ends.

Late Pick-up Fees

It is extremely important, for both children and staff, that parents are on time picking up children from CARLOS MACHADO JIU-JITSU & MAAC Attack/SSC.

- **After 6:30pm a \$20.00 fee per child in care for the first 15 minutes, and \$5 per minute thereafter will be added to your bill.** Example: 2 kids are picked up at 6:47. The charge would be \$60.00. This payment is due at the time of pickup, or before the children are picked up from School/ dropped off at the CARLOS MACHADO JIU-JITSU & MAAC the next day. Children will not be allowed back at the CARLOS MACHADO JIU-JITSU & MAAC until this fee is paid.
- If an emergency occurs and you anticipate that you will be late picking up your child, please make arrangements for one of the authorized individuals on your child's emergency information form to pick up your child at the designated pick up time, 6:00.
- If your child is picked up late (after 6:30) more than three times during the school year or during Summer Camps, services for your child may be terminated.

You will be contacted via telephone call and notification in the Parental Note basket after the third offense with a notice that any further occurrence may result in immediate removal from the program.

No Call/No Show Fee

This fee is in regard to the CARLOS MACHADO JIU-JITSU & MAAC After -school Program. **A child is considered a "No Call/No Show" if the CARLOS MACHADO JIU-JITSU & MAAC has shown up at the school to pick up the child and they are not there without prior notification to the CARLOS MACHADO JIU-JITSU & MAAC.** A family is allowed two (2) No Call/No Shows per year free of charge. Every No Call/No Show after that incurs a \$12.00 fee per incident. CARLOS MACHADO JIU-JITSU & MAAC reserves the right to terminate pick-up services or care altogether if No Call/No Shows occur on a consistent basis.

**Thank you and please let us know if you have any questions.
We look forward to a great summer with you and your children**

CARLOS MACHADO JIU-JITSU & MAAC

AFTER SCHOOL/SUMMER CAMP PROGRAM

ATTENTION PARENTS:

- Parents/guardians **MUST** sign children out **DAILY** on the "Sign In/Sign Out" Form on the front counter. Parents on CCS **MUST** scan card daily **AND** sign children out daily on the "Sign In/Sign Out" Form on the front counter.
- If your child does not need to be picked up(for example due to illness or other absence from school), you **MUST** call the CARLOS MACHADO JIU-JITSU & MAAC (214-494-6111) at least one hour prior to their pick-up time to have them put on the "No Pick-up List." If the CARLOS MACHADO JIU-JITSU & MAAC shows up at your child's school, and your child is not there and we have not received a call, it is called a "No Call/No Show" and you will be charged \$12.00.
- All payments **MUST** be made the Thursday prior to the week of care. If payment is not made, the CARLOS MACHADO JIU-JITSU & MAAC **WILL NOT** pick up your child the following Monday.
- The CARLOS MACHADO JIU-JITSU & MAAC front office will no longer hold money for children's snacks. Parents must either send snacks daily or send money for snacks daily. Also, due to space constraints, the MACHADO JIU-JITSU & MAAC cannot hold a week's worth of snacks for children.

MUST HAVE'S

Each child attending the after school program must have the following items:

- Brazilian Jiu-Jitsu uniform or appropriate athletic clothes.

HELPFUL TIPS

- **LABEL EVERYTHING!!!** Please label every item such as clothing, lunch boxes, water bottles, blankets, etc. with your child's name. Because the children change clothes, we end up with a **VERY LARGE** lost and found box. It is easier for kids to keep up with their personal belongings when they have their name on it.
- The **White Board** over the front desk will have important information regarding upcoming events such as field trips and daily theme activities. **PLEASE ALWAYS READ THIS BOARD!!!**
- We ask that no foods requiring refrigeration and/or heating in the microwave be sent for snacks. We do not have the facilities to refrigerate and heat food for each child.
- **PLEASE DO NOT SEND ANY SNACKS OR MEALS CONTAINING PEANUTS or PEANUT PRODUCTS.** We have children with a peanut allergy, and we are trying to be as accommodating as possible for his/her health.

We look forward to having a great summer with your kids!

CARLOS MACHADO JIU-JITSU & MAAC Rules

- I will follow instructions.
- I will respect my instructors.
- I will ask for permission to leave my group for any reason.
- I will walk instead of run.
- I will be honest.
- I will respect myself and others.
- I will keep my hands and feet to myself.
- I will be kind and treat others the way I want to be treated.
- I will be helpful.
- I will be responsible for my belongings.
- I will help keep the CARLOS MACHADO JIU-JITSU & MAAC clean.

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Student

Code of Conduct

As a student of Carlos Machado Jiu-Jitsu, I display the character qualities of a martial artist wherever I go. I uphold the following standards and pledge to be a leader in all situations.

At the CARLOS MACHADO JIU-JITSU & MAAC I will:

- Show respect for myself, my instructors and those around me.
- Be honest.
- Follow the rules and help those around me to do the same.
- Show self-control in all situations.
- Be responsible and take care of my belongings, the CARLOS MACHADO JIU-JITSU & MAAC's belongings and the items belonging to others.

At Home I will:

- Follow the rules and instructions.
- Treat my parents and family with respect.
- Respect my home, my belongings and the belongings of those around me.

At School I will:

- Respect my teachers and those in authority.
- Be a leader to my fellow students by setting a good example with discipline, respect, and self-control.
- Complete my assignments turn in my homework, study, and work hard to be the best student I can be.
- Respect others, be kind, and treat others the way I want to be treated.

In Public I will:

- Remember I am a martial artist and represent the CARLOS MACHADO JIU-JITSU & MAAC.

- Be polite and courteous.
- Show self-control in all situations.
- Be respectful

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