



LEWISVILLE CLASS SCHEDULE



Monday

6:30 AM - 7:30 AM	BJJ All Levels
12:00 PM - 1:00 PM	BJJ All Levels
4:30 PM - 5:15 PM	BJJ Kids 3-6yo
5:15 PM - 6:00 PM	BJJ Youth 7-12yo
6:00 PM - 7:00 PM	BJJ Women's Only
7:00 PM - 8:00 PM	BJJ All Levels

Tuesday

10:00 AM - 10:45 AM	BJJ Homeschool Kids
12:00 PM - 1:00 PM	BJJ All Levels
5:00 PM - 5:45 PM	BJJ Kids 3-6yo
5:45 PM - 6:30 PM	BJJ Youth 7-12yo
6:30 PM - 7:30 PM	BJJ Advanced
7:30 PM - 8:30 PM	BJJ All Levels
8:30 PM - 9:30 PM	Muay-Thai All Levels

Wednesday

6:30 AM - 7:30 AM	BJJ All Levels
12:00 PM - 1:00 PM	BJJ All Levels
4:30 PM - 5:15 PM	BJJ Kids 3-6yo
5:15 PM - 6:00 PM	BJJ Youth 7-12yo
6:00 PM - 7:00 PM	BJJ Women's Only
7:00 PM - 8:00 PM	BJJ All Levels

Thursday

12:00 PM - 1:00 PM	BJJ All Levels
5:00 PM - 5:45 PM	BJJ Kids 3-6yo
5:45 PM - 6:30 PM	BJJ Youth 7-12yo
6:30 PM - 7:30 PM	BJJ Advanced
7:30 PM - 8:30 PM	BJJ All Levels
8:30 PM - 9:30 PM	Muay-Thai All Levels

Friday

6:30 AM - 7:30 AM	BJJ No-Gi
12:00 PM - 1:00 PM	BJJ No-Gi
5:00 PM - 6:00 PM	BJJ Kids Comp Class
6:00 PM - 7:00 PM	BJJ No-Gi

Saturday

9:00 AM - 10:00 AM	Muay-Thai All Levels
10:00 AM - 10:45 AM	BJJ Kids All Ages No-Gi
11:00 AM - 12:30 PM	BJJ Open Mat

3964 State Hwy 121, Suite 750, Lewisville TX