



FAMILY MARTIAL ARTS TRAINING CENTER



EFFECTIVE 7/8/24

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	SATURDAY
12:00-1:00 PM				12:00-1:00 PM				12:00-1:00 PM	9:00 - 9:30 AM
Teen & Adults				Teen & Adults				Teen & Adults	Beginner Tiny Tigers
4:00 - 4:30 PM		4:00 - 4:30 PM		4:00 - 4:30 PM		4:00 - 4:30 PM		4:00 - 4:30 PM	9:30 - 10:00 AM
Beginner Tiny Tigers		Beginner Tiny Tigers		Beginner Tiny Tigers		Beginner Tiny Tigers		Leadership Tiny Tigers	Advanced Tiny Tigers
4:30 - 5:00 PM		4:30 - 5:00 PM		4:30 - 5:00 PM		4:30 - 5:00 PM		4:30 - 5:00 PM	10:00 - 10:30 AM
Advanced Tiny Tigers		Advanced Tiny Tigers		Advanced Tiny Tigers		Advanced Tiny Tigers		Leadership MAK	Beginner MAK
5:00 - 5:30 PM		5:00 - 5:30 PM		5:00 - 5:30 PM		5:00 - 5:30 PM		5:00 - 5:30 PM	10:30 - 11:00 AM
Rec/1st Black Belts	Leadership Tiny Tigers	Beginner MAK	Leadership Tiny Tigers	4-6 yrs Free Spar	7-9 yrs Free Spar	Beginner MAK	Leadership Tiny Tigers	Leadership Black Belts	Advanced MAK
5:30 - 6:00 PM		5:30 - 6:00 PM		5:30 - 6:00 PM		5:30 - 6:00 PM		5:30 - 6:00 PM	11:00 - 11:30 AM
All Tiny Tigers	Jr Legacy 12 & Under	Advanced MAK		All Tiny Tigers	Jr Legacy 12 & Under	Advanced MAK		Adult Legacy	Black Belts
6:00 - 6:30 PM		6:00 - 6:30 PM		6:00 - 6:30 PM		6:00 - 6:30 PM		6:00 - 6:30 PM	11:30AM- 12:30 PM
Beginner MAK		Leadership MAK		Beginner MAK		Leadership MAK		Teen & Adults	Teen & Adults
6:30 - 7:00 PM		6:30 - 7:00 PM		6:30 - 7:00 PM		6:30 - 7:00 PM			
Advanced MAK		Special Abilities		Black Belts		Special Abilities			
7:00 - 7:30 PM		7:00 - 7:30 PM		7:00 - 7:30 PM		7:00 - 7:30 PM			
Leadership MAK		Rec/1st Black Belts		10-13 yrs Free Spar	14 & Up Free Spar	Black Belts	Demo Sync		
7:30 - 8:00 PM		7:30 - 8:00 PM		7:30 - 8:00 PM		7:30 - 8:00 PM			
2nd/3rd Black Belts	Leadership Black Belts	2nd/3rd Black Belts	Leadership Black Belts	Advanced MAK	Hapkido		Leadership Black Belts		
8:00 - 9:00 PM		8:00 - 9:00 PM		8:00 - 9:00 PM		8:00 - 9:00 PM			
Adult Legacy	Teen & Adults	Teen & Adults			Hapkido	Teen & Adults	All Legacy		